THE EX FACTOR: SHOULD YOU EVER GO BACK?

GRAZIA

R22

1 April 2015 graziadaily.co.za



J-LAW AND BRADLEY: IT'S ON... *FINALLY!*



MORE FA$H LESS CA$H







OMG! DEMI MOVES IN ON HER DAUGHTER'S MAN

KIM BETRAYED

HER BESTIE REVEALS:

- HER SHOCKING SURGERIES
- THE DIET SHE'S BEEN ON SINCE SHE WAS 13

WHAT NOT TO DO BEFORE A PAP SMEAR

ISSUE 144 R22 (VAT INCL) Other countries: R1 930 (TAX EXCL)

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SHE'S IN

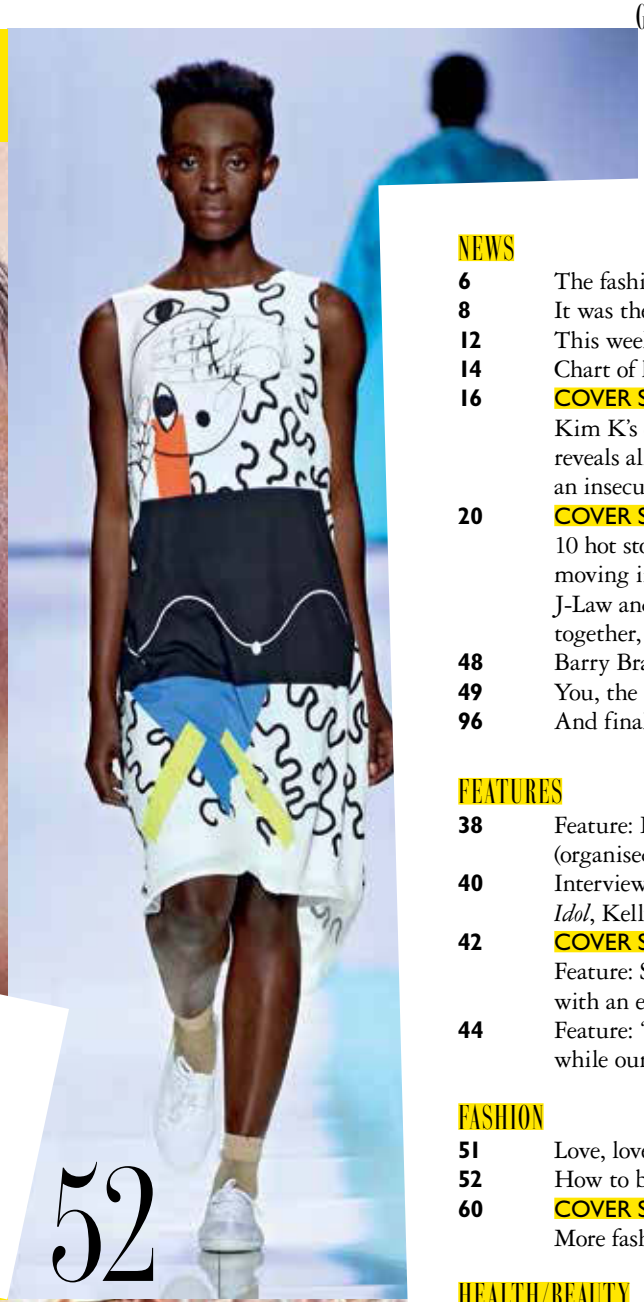
VOGUE eyewear

Adriana Lima in Buzios, Brazil.

VOGUE-EYEWEAR.COM

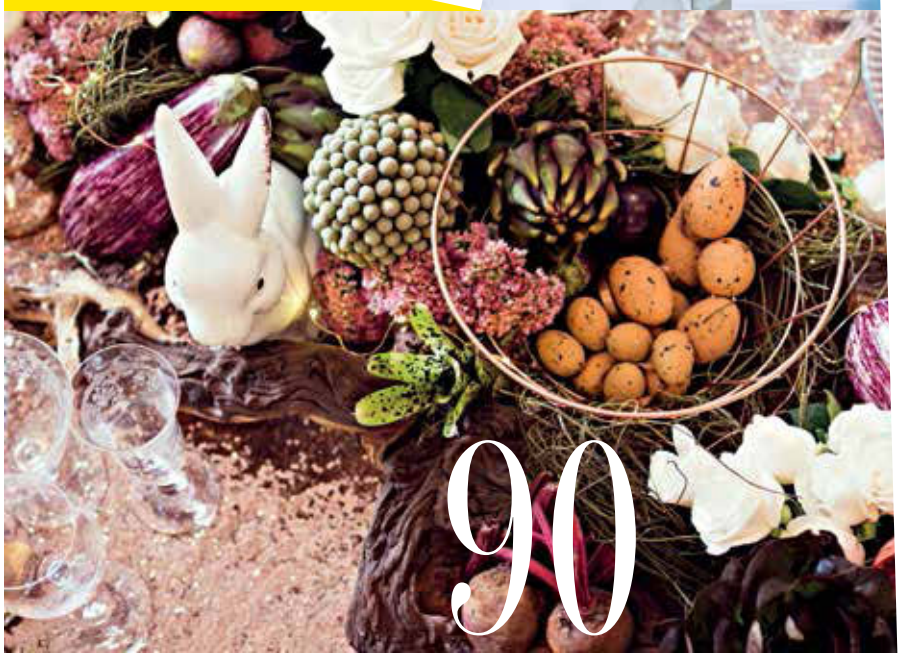


68



52

EXCLUSIVE OFFER
Subscribe to the digital edition of *Grazia* for only R11, and you could win one of ten Sensai hampers worth R2 745 each. See pg 47.



90

NEWS

6 The fashion charts
8 It was the week that…
12 This week's conversation
14 Chart of lust
16 COVER STORY
Kim K's childhood best friend reveals all: "Kim has always been an insecure mess"
20 COVER STORY
10 hot stories, including Demi moving in on her daughter's man, J-Law and Bradley finally getting together, and more
48 Barry Bradshaw's column
49 You, the fashion jury
96 And finally…

FEATURES

38 Feature: Here comes the new (organised) #YOLO
40 Interview: A chat with the original *Idol*, Kelly Clarkson
42 COVER STORY
Feature: Should you ever get back with an ex?
44 Feature: "We are a nation sleeping while our children fall into hell"

FASHION

51 Love, love, love
52 How to be in fashion in April
60 COVER STORY
More fash, less cash

HEALTH/BEAUTY

66 Beauty charts
67 Love, love, love
68 The contoured eye trend
78 COVER STORY
What your doctor wants you to do before a pap smear

WEEK IN WEEK OUT

80 10 hot things to do
82 10 questions: Angel Campey
84 Entertainment: Joanna Newsom
90 Decor: A budget-friendly table setting for Easter

AND THE REST…

92 Stockists
93 Party people: Cruz Vodka SA Fashion Week opening party and the SAFTAs
98 Goodie bag

Cover pictures: Gallo Images/Getty Images; Elitephotoagency.com. This page: Karina Twiss; Saaleha Bamjee; Supplied.

GRAZIA



April 1 2015

One of my favourite parts of the month is when it's time to workshop our *How To Be In Fashion Now* feature.

Grazia loyalists will know that this feature runs in the first issue of every month and tells you what you need to know in order to rock your look for the weeks ahead.

The Fashion team comes armed with all the latest news, insider gossip and must-know details from the fashion industry and what trends will be popping up. I love that there's always something for every taste and every budget. Then we work out the best bits and create our monthly extravaganza.

This month is no different. You'll find everything from the new Steve Madden/Iggy Azalea collaboration to the It Bag of the season and fashion equations (like maths but way more fun) that will totally make your wardrobe rock. It starts on pg 52.

Until next week!

Kerrie xx

TWITTER.COM/@KezSimon
INSTAGRAM.COM/kerriesimonlawrence

WIN! Go to Graziadaily.co.za for our weekly giveaways!

THIS WEEK **ON THE WEB**



GET READY, SET... SHOP!
Shop our serious shoe crushes and on-trend must-haves – bags, shoes and fab dresses – all at the *Grazia* Shop at Graziadaily.co.za.

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Follow us on Instagram @GraziaSAmag to stay up to date with the latest celeb news, behind-the-scenes snaps, our fave beauty products, street style, best shopping finds and loads more.

GET YOUR FASHION FIX
Visit Facebook/GraziaSA for our fashion jury every Wednesday, and don't miss our favourite looks of the day.



VICTORIA BECKHAM



ONLINE THIS WEEK
Stand the chance to win one of four Take Charge purses (a purse with a built-in charger) at Graziadaily.co.za.

Pictures: Supplied; Gallo Images/Getty Images.



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THE FASHION CHARTS

The new season has brought us bold BLOCK COLOURS, cool slogans and must-have STAPLES

YES, EVERY ITEM FEATURED IN *GRAZIA* IS **AVAILABLE THIS WEEK!**



1 **GO GREEN**
Up your workday ante with cigarette pants from Dolce & Gabbana at Farfetch.com, R6 055.



2 **CLUTCHING PERSPEX**
Give your handbag collection a makeover with this Perspex box clutch from Erato, R499.



3 **NO PUZZLE HERE**
Jigsaw knows how to get us excited for the colder months with this two-tone red number, R2 799.



4 **WHITE AND CRISP**
We'll totally be rocking these sneakers at the mall. Mimco at Woolworths, R1 299.



5

PLEATS PLEASE
Metallics are in, so head to River Island for a dose of the trendiest silver-sheen pleats around. Skirt, R649.



ONLY R70!

8

UMMM... YES!
This bodysuit goes with pretty much everything you already own. Mr Price, R70.



7

PRETTY PINK
This peplum coat just became the hero of our winter wardrobe. Ted Baker at Stuttafords, R3 800.

6

WALK ON THE WILD SIDE
Get ready for winter with these animal-print ankle boots from Zara, R1 199.





10

BLING ON TIME
We've added this Michael Kors watch to our wish list – it's time to put some sparkle on our wrists. American Swiss, R4 499.

9

COMICS FOR THE WIN
Comics *and* hearts? We're all over these cute studs from Funky fish at Graziadaily.co.za, R59.



Words and styling: Amber Ham. Pictures: Supplied; Roxanne Lindenberg.

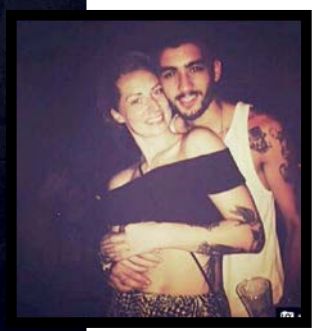
IT WAS THE WEEK THAT...

Zayn Malik quit 1D's tour

After pictures of him getting cosy with a fan in Thailand leaked, it was announced that Zayn – who is engaged to Little Mix's Perrie Edwards – would be quitting the Asian leg of One Direction's On The Road tour. A rep for the singer confirmed, "Zayn has been signed off with stress and is flying back to the UK to recuperate." According to various sources, Zayn is apparently only going back to his homeland to try and save his relationship with Perrie. Fortunately, he is set to make a return for the South African leg of the band's tour.









Word of the week

SWISH

Last week, Kanye West redefined the English word when he posted it alongside nude pics of Kim. In Kanye-terms, it means "score" or "shwinning".



THE SYDNEY SIEGE CAFÉ REOPENED

Three months after the events of December 15 when Islamic extremist Man Haron Monis staged a 16-hour siege in the Lindt Café in Martin Place, Sydney, the franchise's doors reopened to the public. Scores of people queued outside to catch a glimpse of the interiors, which now feature plaques memorialising cafe manager Tori Johnson, 34, and Katrina Dawson, 38, who died in the attack.



Overheard

'I like to think that I'm gay in my art and straight in my life. Although, I'm gay in my life up to the point of intercourse, and then you could say I'm straight' – James Franco



Sam Smith showed off his new bod

Even though the British hitmaker has shed a commendable amount of weight since first breaking onto the music scene, Sam revealed through a string of Instagram snaps last week that he's lost an additional 6.3kg. The crooner says he dropped the extra weight in just two weeks, and gave credit to nutritionist Amelia Freer, author of *Eat. Nourish. Glow*, saying, "She's completely transformed my relationship with food."



THERE WAS A DOUBLE MURDER ON THE N1

Gauteng police are investigating the murders of two people who were shot on the N1 highway near Maraisburg, Joburg. One of the victims was reportedly forced off the road by an unknown vehicle. He was then shot and his car set alight. The second victim was apparently investigating the burning car when he was also shot.



LIZA MINNELLI CHECKED INTO REHAB

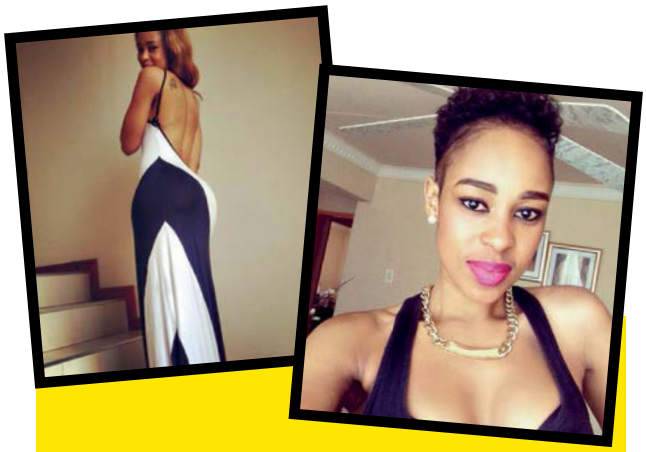
After years of suffering from substance abuse, the iconic singer checked herself into an unknown rehab facility. The star's spokesperson, Scott Gorenstein, confirmed the news, saying Liza is making "excellent progress" after receiving treatment for several days. The 69-year-old daughter of Judy Garland, who died from an overdose, was previously in rehab in 2004.

*20%

The percentage of women who think that chivalry is a form of 'benevolent sexism'. *According to a new US study

›

IT WAS THE WEEK THAT...



Pulane Lenkoe became a victim of revenge porn

Nude pictures of the 31-year-old law student and girlfriend of Orlando Pirates player Ntandani Ntshumayelo went viral on Twitter last week after her ex-boyfriend allegedly leaked them. "I'm literally shaking right now. I don't want to deal with this. I wish I could just wake up and somebody tells me it's just a dream," said Pulane.

A MAN WAS SHOT DEAD IN A PTA RESTAURANT

A Nigerian was shot and killed at Coco Bistro in Erasmuskloof, PTA. No arrests have been made, but police did discover cash to the value of R435 000 inside his car.



HYDE PARK SHOPPING CENTRE WAS ROBBED

According to police, four armed men stole cellphones worth R1.5 million from the Vodacom store in the Hyde Park Shopping Centre in Jozi. On their way out, they allegedly started shooting randomly, but luckily no one was injured. At the time of going to print, the suspects were still at large.





ISIS CLAIMED RESPONSIBILITY FOR THE TUNISIA MUSEUM ATTACK

Tunisia's president promised to wage a "merciless war against terrorism" after radicalised gunmen killed 17 foreign tourists in a daylight attack at the Tunis Bardo Museum that left 23 people dead. According to reports, the gunmen, dressed in military uniforms, opened fire on the tourists – including visitors from Italy, France, Australia, Colombia, Poland and Spain – as they got off a bus, and then chased them inside the museum. ISIS has since claimed responsibility for the attack, saying in a video message that the bloodshed is "just the start". Tunisian security forces have arrested nine people, five of whom are thought to be directly linked to the attack.

Words: Sonja Raath. Sources: Dailymail.co.uk; Edition.cnn.com; News24.com; Timeslive.co.za; Eonline.com; Sowetanlive.co.za; Channel24.com; Ewn.co.za. Pictures: Gallo Images/Getty Images; Greatstock/SplashNews.



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Sweatpants = divorce... apparently

Why do women refuse to show their real selves, asks Kerrie Simon-Lawrence

I ONCE HAD A BOSS who told me that her husband had never seen her without make-up on. She also said that in their entire marriage, she'd never phoned him just to say hi. She explained that this was to help him maintain his "hunter" instincts and was why their marriage was so great. For date nights, they would get dressed in different rooms and leave the house separately in order to "meet" at the restaurant. And after dinner? She said all that mystery – and the surprise outfit she'd have chosen for the outing – led to seriously hot sex.

Recently I heard through the grapevine that a couple of years after I left that job, her hubby walked out – apparently he found a much younger version of my boss who was eager to keep up the games that exhausted her.

Because first dates are exhausting. Who would want to maintain all that first-impression perfection for any longer than they have to? Surely one of the best bits about being in a long-term relationship is being comfortable enough to chill the hell out, right?

I'll admit that when I first started dating my husband and spending nights at his house, I would plan my hair-washing schedule in advance – because I wanted him to think my long, shiny, straight hair was natural, rather than the ringletted mess he'd have been witness to if I'd scrubbed it at his abode. I may have also applied a coat or two of mascara before going to sleep. And got up early to brush my teeth so he'd believe I was always minty fresh.

That lasted about two weeks. When we went away to a beach resort for the weekend, I had no choice but to dunk my head in the sea (or have him believe I had no idea how to swim), and he saw what I'd been hiding. He. Loved. It. These days he shakes his head as he watches me torture my hair with a straightener, and says, "I don't know why you don't just leave it." Ironic, no?

So I was floored this week when Eva Mendes revealed that Ryan Gosling – her partner of four years – has never seen her in sweatpants. "Sweatpants must be the top reason for divorce!" she declared. What the what?!

This coming from the woman who was in hiding for her entire pregnancy. Is she suggesting that all those months spent in her home, she didn't once step into the cuddly comfort of some trackie-daks? Is she saying that throughout the night-feeds and newborn fog, she maintained a haute couture wardrobe?

Come on, Eva. Are you claiming that wearing sweatpants would make Ryan more uncomfortable than, say, watching you give birth to Esmeralda six months ago? I think not.

Surely the only way we can be at ease in our relationships is if we give in to being ourselves – curly hair, puffy face, sweatpants and all? ■

DO YOU LOOK NATURAL AROUND YOUR PARTNER? TELL US BY EMAILING US AT GRAZIA@GRAZIASA.COM

Love advice from celebs



Giuliana Rancic
"Don't talk badly about your partner the minute they walk out the door. Really preserve your relationship. Treat it like gold."



Kevin Bacon
"Keep the fights clean and the sex dirty."



Gwyneth Paltrow
"You need to share the same dreams."



Adam Levine
"When all the excitement goes away, you're left with real-life stuff – personal stuff. Expect that and be willing to take it on."

Pictures: Greatstock/SplashNews; Shutterstock.


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CUSTOMISED AND TAPERED BY US. INSPIRED BY YOU.
LIVE IN Levi's®
501® CT JEAN
WORN BY HAIM

This week, who we LOVE, want TO TWEET, and, yes, even ACTUALLY BE…

CHART OF LUST



1 UP

Ashley Judd

Speaking up for victims of gender violence, the actress revealed she is a survivor of rape, sexual assault and incest.



2 NEW IN

Cate Blanchett

The undeniably fabulous actress revealed that while she's desperate to appear on Brit series *Downton Abbey*, producers of the show have so far ignored her pleas.



3 NEW IN

Antonio Banderas

The 54-year-old declared he was giving up Hollywood to move to London and become a student. High-five!



4 NEW IN

Kevin Hart

We're trying to wrap our heads around why funnyman Kevin bought his ex-wife, Torrei, a Cadillac Escalade for her birthday.

5 UP

Lewis Hamilton

If he had a huge ego, he may have taken offence when a family who didn't recognise him asked him to take a photo of them in front of the Sydney Opera House.



6 NEW IN

Michael Bublé

We always wondered why he and Emily Blunt split all those years ago, and now the crooner has gone on the record and admitted: "I was a jerk."



7 NON-MOVER

Kendra Wilkinson

She flushed her wedding ring down the toilet when she discovered hubby Hank Baskett cheated on her. Now she's sporting a yellow diamond ring on that finger. So all is forgiven?



8 DOWN

Chris Brown

Tweeting about his ex's holiday pics, he told Karrueche Tran, "Don't be a Thot", which means "that hoe over there". Classy, Chris, classy.

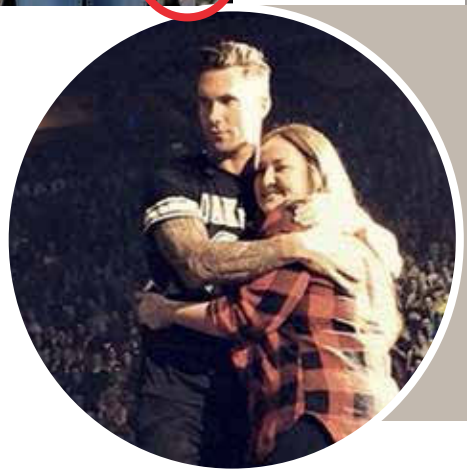


9 NON-MOVER

Dakota Johnson

…. and Kris Jenner. Who knew this unlikely pair were friends? Not us! They were spotted holidaying together in Mexico.





10 NON-MOVER

Adam Levine

The Maroon 5 frontman had some apologising to do when he hit a female fan in the head with his microphone at a Canadian concert. #Awkward.

Words: Kerrie Simon-Lawrence. Pictures: Gallo Images/Getty Images; Greatstock/SplashNews.

501® CT WEAR 3 WAYS

Levi's has customised its original 501® fit to better suit you – wear them slim, classic or relaxed

WORN BY EVERYONE – including presidents, movie stars, musicians and fashionistas – Levi's 501® jeans is the ultimate American fashion icon of the 20th century. And over the years, savvy wearers have adapted their favourite original straight-fit jeans to personalise them – think patched, shredded, cropped or tapered.

Inspired by these custom alterations, Levi's decided to do the work for you and craft the perfect tapered leg. Cue the all-new Levi's 501® CT (Customised & Tapered) jeans that can be worn three ways: down-sized, true-to-size or up-sized. How will you wear yours?

HOW TO SHOW OFF YOUR LEVI'S 501® CT JEANS



DOWN-SIZED

Wear a smaller size for a slim, modern fit, and pair with a relaxed tee and sneakers.



TRUE-TO-SIZE

Wear your actual size for a classic, regular fit. Finish off the look with a denim shirt and chunky heels.



UP-SIZED

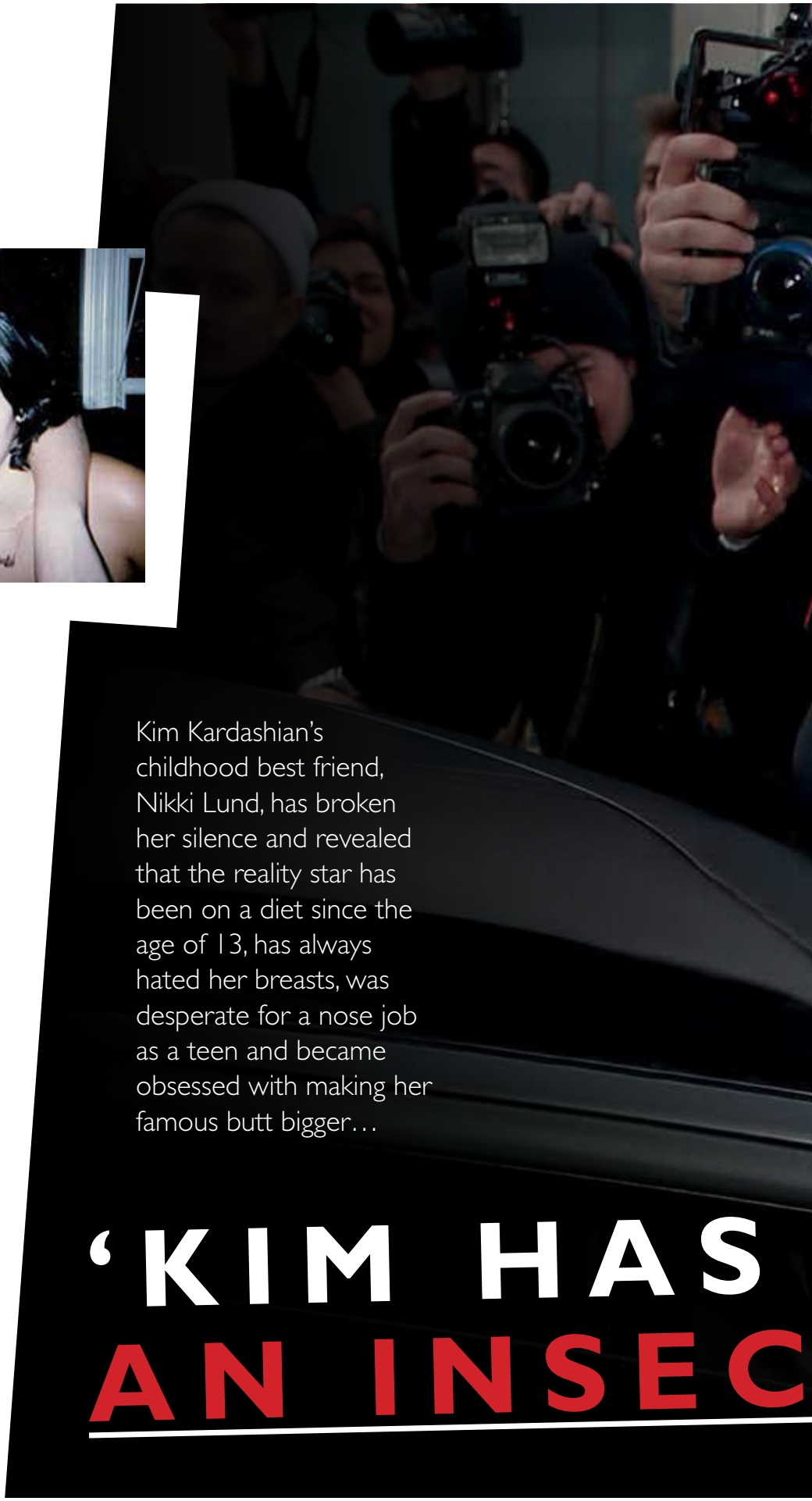
Wear it a size larger for a more relaxed fit. "Paper bag" the waist, belting it slightly higher. Elevate the outfit with block heels, a white T-shirt and a biker jacket.

LIVE IN Levi's®

Pictures: Roxanne Lindenberg.

Nikki Lund and Kim Kardashian (below) were childhood friends. Nikki has now spoken to the media and revealed personal details about Kim as a teenager





Kim Kardashian's childhood best friend, Nikki Lund, has broken her silence and revealed that the reality star has been on a diet since the age of 13, has always hated her breasts, was desperate for a nose job as a teen and became obsessed with making her famous butt bigger…

'KIM HAS AN INSEC

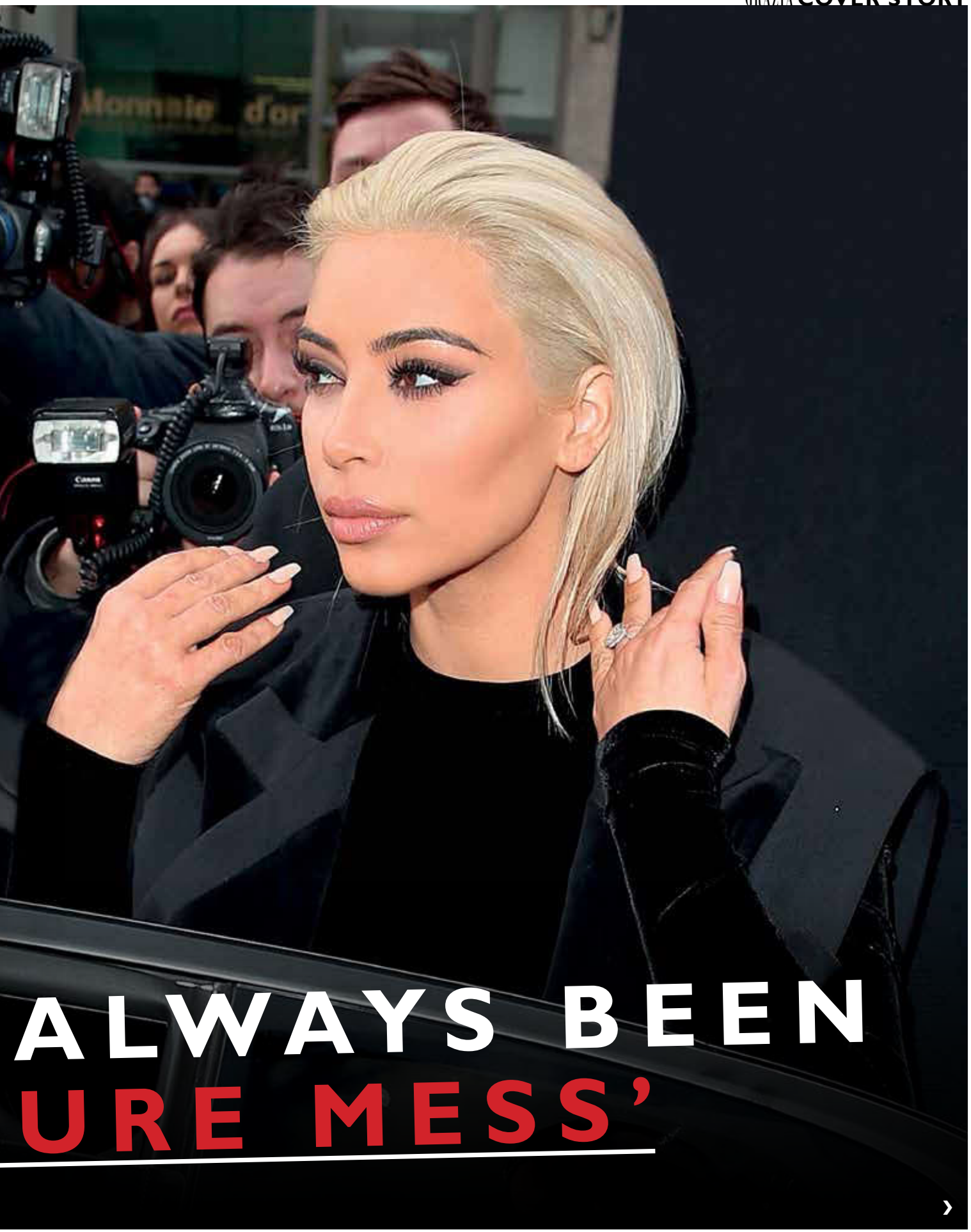
GIVEN HOW DRASTICALLY Kim Kardashian's looks have changed over the years, what her childhood friend, Nikki Lund, has revealed about the 34-year-old reality star should come as no surprise to us.

But it has come as a shock to Kim, who is fuming that Nikki is talking to the media about their childhood friendship. And with her already having to deal with a rift in the family caused by Bruce Jenner's alleged sex change and marital problems, it's not difficult to understand that Kim's now reaching her wits' end.

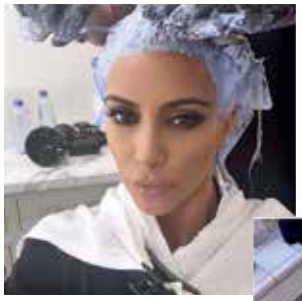
INSECURE ICON

While Nikki and Kim haven't been close for the last few years, that hasn't stopped the LA-based designer – who has a fashion line with Bon Jovi rocker Richie Sambora, with whom she's also in a relationship – from reminiscing about their friendship.

Nikki revealed, "Kim and I grew up together and were friends since the age of eight. At 13, we started to become more aware of ourselves.



ALWAYS BEEN URE MESS'





Public scrutiny about Kim's weight (bottom), Bruce's alleged sex change (below) as well as staying in her new home only a few times (right) have caused considerable stress. Over the years, she's changed her body and look drastically (above and opposite pg)





We began wearing make-up and started dieting."

Dieting at such a young age and becoming fanatical about food caused Nikki to develop an eating disorder. And while Kim allegedly never suffered from one herself, Nikki implies that it was Kim who was the driving force for them to lose weight as she was always conscious of it. The pair would try a whole range of Hollywood diets. "It was mostly the Atkins and South Beach diets. We also tried the cabbage soup diet, where we boiled great big vats of cabbage. We were like, 'Yes, we're going to be thin,'" said Nikki.

She also adds that it wasn't just extra weight that upset Kim. "Kim was always saying her nose wasn't perfect. I thought she was nuts. Every girl has something they don't like. Kim once told me, 'I went to a plastic surgeon to see if I could get it corrected, and he said he wouldn't do it because I didn't need it.'"

Even though Kim denies ever having surgery on her nose, it's been rumoured that she had her first nose job in 2010, and it was done by Dr Ramtin Kassir, the leading expert in celebrity nose job surgery. If the experts are correct, it seems she finally got her childhood wish of making her nose smaller.

Dr Anthony Youn, a US-based plastic surgeon says, "Kim has definitely had rhinoplasty as her nose looks thinner, shorter and more refined now than it did in 2006."

But, according to Nikki, Kim's body obsession didn't stop there. Kim apparently embraced the fact that she had curves from a young age because Jennifer Lopez was her idol at the time, and she always mentioned how she wanted a bigger bum and a tiny waist to match.

Nikki, however, didn't divulge whether she thinks Kim has in fact had butt implants or butt-enhancing injections, but she does mention that Kim has always hated her big boobs.

According to Nikki, Kim developed breasts a lot faster than most girls their age. But, because of their size, they soon started to droop, so she reportedly got a boob job before her 18th birthday to lift them and make them firmer and more symmetrical.

Nikki blames Kim's narcissistic tendencies on the superficiality of growing up in Los Angeles. "The entertainment industry definitely played a role in her insecurities and obsession with being perfect. There was a lot of pressure to always look your best."

Considering the environment in which she grew up, as well as that money was never an issue and her mom, Kris Jenner, was always pushing for fame, it's no wonder that

Kim's always felt the pressure to conform to the unrealistic standards of beauty set out for her.

To this day, the star is constantly changing her looks to make headlines – with her latest transformation seeing her go from brunette to platinum blonde. And while Kim has no problems sharing her past insecurities with the world, having spoken about how negative publicity about her looks affects her self-esteem – like when the gossip mags criticised her weight when she was pregnant with North West – those close to the star say she was mortified when she found out Nikki had blabbed to the press.

"Kim couldn't believe that Nikki would divulge such personal details about her childhood to the media," said a close friend. "Even though they're not close anymore, Kim still considered Nikki to be one of her most treasured friends because of the history they share."

The source added, "Kim feels Nikki is just looking for attention and is using her name to get it. She's furious and is worried about people being able to use what Nikki said to further taint her reputation. It's the last thing she needs right now."

TOO MUCH TO TAKE

The latest season of *Keeping Up With The Kardashians* has just started on our screens, and it's clear to see that there's a lot of tension between the famous family members.

According to reports, the Jenners and Kardashians are reportedly divided because of Bruce's alleged sex change.

"Bruce and Kris' divorce caused a divide, but Bruce's decision to share his transition has caused an even greater divide," revealed a source close to the family.

"Kourtney, Kim and Khloé were the last ones let in on it all. Bruce's children Burt, Cassandra, Brandon, and Brody have known about the possibility of their dad's transition for many years."

Another source added, "After the girls expressed their shock and initial upset, there were weeks when Kim didn't hear from Bruce. She's feeling at a total loss. He's like a father to her, and she feels like her whole family is falling apart. She wants to reach out to him, but she knows her mom will think she's taking his side. She's very emotionally stressed out."

Not only does Kim have to deal with the mounting tension in her family, she's also reportedly having major issues in her marriage to Kanye West.

While Kim and Kanye took nearly a year to refurbish their R234 million mansion in Holmby Hills, California, the pair has apparently spent only eight nights there together since officially moving in three months ago.

"They were supposed to be living in the house by Christmas, but they've only stayed there a handful of times," confirmed a second source. "When Kim is in LA, she takes North to stay with Kris, while Kanye prefers to crash at his bachelor pad in the Hollywood Hills."

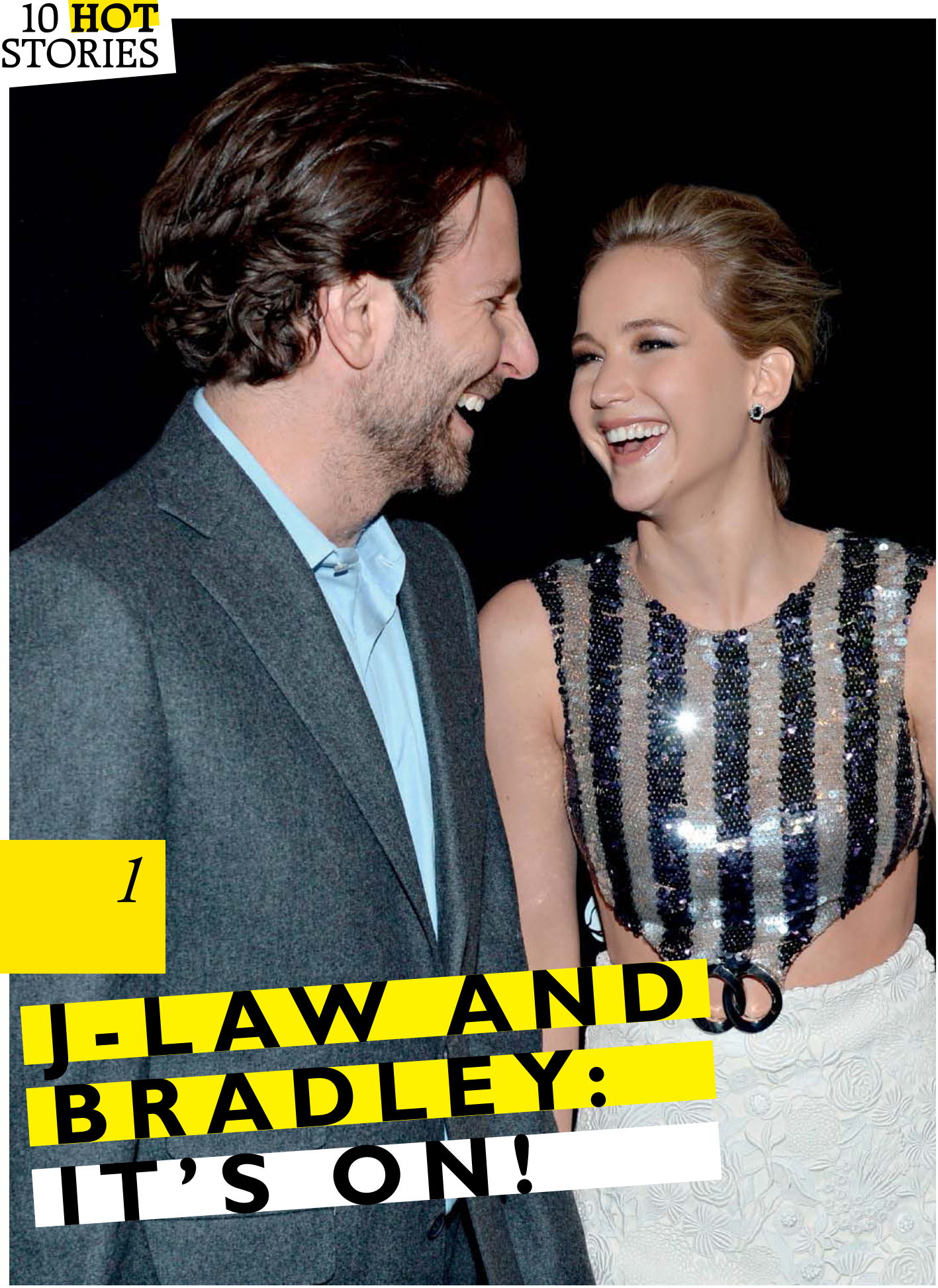
Yikes! Sounds like poor Kim is in major need of a holiday. ■







Words: Sonja Raath. Sources: Mirror.co.uk; Ibtimes.com; Drrawnsley.com; Hollywoodlife.com; Heatworld.com; *People* magazine USA; *Grazia* UK. Pictures: Gallo Images/Getty Images; Elitephotoagency.com; Greatstock/SplashNews.



1

J-LAW AND BRADLEY: IT'S ON!

Words: Guinevere Davies. Sources: Usmagazine.com; Dailymail.co.uk; Celebdirtylaundry.com.
Pictures: Gallo Images/Getty Images; Elitephotoagency.com; Greatstock/SplashNews.



Chris Martin's beach date with Kate Hudson (left) and his unfinalised divorce from Gwyneth Paltrow (bottom) have driven Jennifer Lawrence into the arms of Bradley Cooper (below with ex Suki Waterhouse)



THEIR ON-SCREEN chemistry was so palpable in 2013's *Silver Linings Playbook* that we all wished Bradley Cooper and Jennifer Lawrence would give us some vicarious thrills and hook up off-screen too.

Unfortunately, Bradley, 40, promptly squashed those rumours by admitting that Jennifer, who was then 22, was too young for him to date… A few weeks later, he started romancing a then 20-year-old Suki Waterhouse instead. We were all crushed.

Fast-forward to now, and with Bradley's 18-month relationship with Suki over and Jennifer rumoured to be furious with her on-again/off-again boyfriend, Chris Martin, for his Malibu beach dates with Kate Hudson, the timing couldn't be more perfect for the serial co-stars, who are currently making the rounds promoting the video on demand release of their film *Serena*.

Just last week, the pair were spotted in New York City leaving a hotel together after attending the Cinema Society and Dior Beauty screening of *Serena*. Even though J-Law, 24, was quick to claim there was "no sex" between her and her "work husband", Bradley, at the after-party, insiders are saying otherwise. Apparently the pair have given in to their obvious chemistry. Hurrah!

As previously reported in *Grazia*, Jen was apparently left reeling after the images of Chris and Kate's beach date surfaced. But instead of driving Jen into Chris' arms, as he is rumoured to have hoped, his plan to have Jen publicly declare her love for him seems to have backfired, with Jen finding comfort in the arms of her newly single co-star.

After seven months of waiting for Chris to officially end his marriage to Gwyneth Paltrow, and consciously uncouple for good, Jen has decided being in a not-so-secret relationship with a married man isn't exactly working wonders for her self-esteem.

According to industry insiders, Bradley has been nothing but supportive of Jen since they started working together. He recently gushed, "I respect her so much as a professional, as an actor, and I think she's the best there is. I just learn from her. You always want to work with people who are better than you."

No big surprise then that Bradley is reportedly all set to join Jen on the set of her latest film, *Joy*, which is being directed by David O Russell, in Wilmington, Massachusetts. Hotel room for two then, guys? ■





2

JESSICA BANS Justin's mom from their life

Words: Guinevere Davies. Sources: Gossipcop.com; Celebitchy.com; Celebdirtylaundry.com; Okmagazine.com. Pictures: Gallo Images/Getty Images; Elitephotoagency.com; Instagram.com.

ACCORDING TO SOURCES

Jessica Biel will give birth to her and Justin Timberlake's first child some time in April. (The star had not yet given birth at the time of this issue going to print.)

But in the time leading up to the couple's joyous moment when their baby arrives, insiders have revealed that Jessica has been planning on keeping her mother-in-law well out of her business. So far out, in fact, that, according to a source, Jessica has planned to hire a bodyguard to make sure Lynn Harless doesn't go anywhere near the delivery room when her first grandchild is born.

"Lynn wanted to witness the birth, but Jessica is very much against the plan and afraid that mama's boy Justin won't find a tactful way to say no," a source revealed.

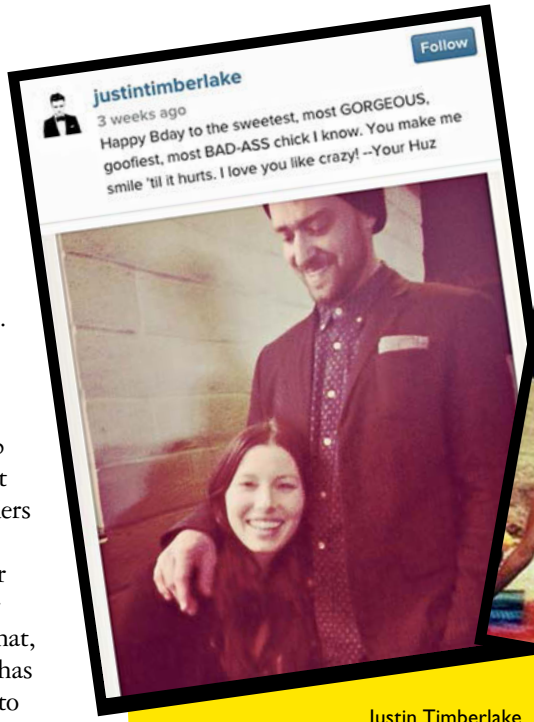
As previously reported in *Grazia*, there has been animosity between Jessica and Lynn ever since it was revealed that Lynn took complete control of Justin and Jessica's wedding back in 2012. While Jessica reportedly wanted something small and intimate, it was apparently Lynn's idea to make the whole occasion a very big deal, with over 100 guests flown to Italy.

And now insiders have revealed that Lynn has also tried to manage every step of Jessica's not-so-secret pregnancy.

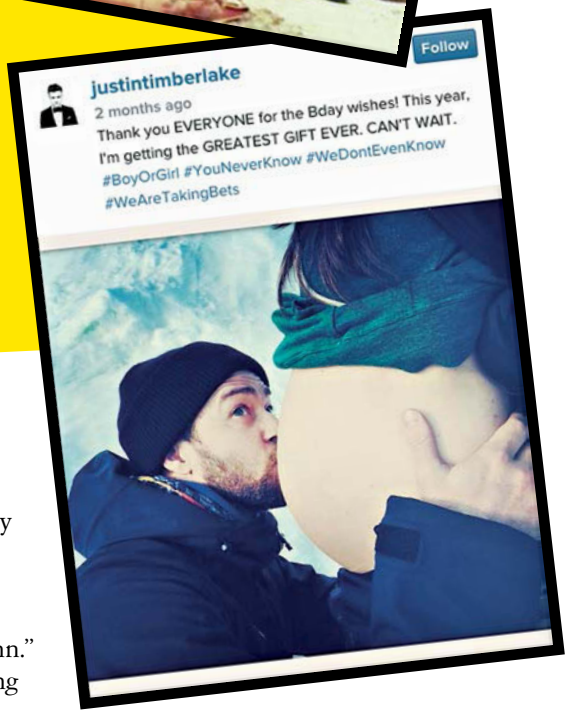
Jessica, apparently fed-up with taking orders in her marriage, seems to have put her foot down, telling Lynn that things are going to change when Baby Timberlake comes home.

"She just feels like Justin's mom has a bad energy and feels this is her moment not to be judged or ridiculed," an insider dished.

Unfortunately for Jess, as Justin's mom and co-manager, Lynn is a super powerful force in Justin's life. When rumours of Justin's infidelity with one of his back-up dancers surfaced in October last year, Lynn took to her official Facebook page to defend the couple's union, apparently much to Jessica's complete embarrassment.







Justin Timberlake has posted heartfelt birthday messages to both his wife, Jessica Biel (above left), and mom (above right) on Instagram. It's evident from these posts that they're both important to him, but with Baby Timberlake on the way (right), Jessica could finally get her wish of being number one

According to a source, Justin seems to have agreed with Jess' plan of keeping everyone out of the hospital once the baby's born, so they can all bond properly. "After some disagreement they are finally on the same page. Jessica doesn't want any family at the hospital, especially Lynn."

We'll be interested to see how long that lasts… ■



Justin's mom, Lynn Harless, is his co-manager and a powerful force in his life



3

FEARS FOR MILEY

IT'S BEEN TWO WEEKS since her boyfriend, Patrick Schwarzenegger, was caught on camera getting cosy with bikini-wearing beauties on two separate occasions while holidaying in Mexico. And while we've waited for a typical devil-may-care type of response from Miley Cyrus, she has allegedly snapped. Her coping mechanism of choice? Trying to numb the pain with drugs and alcohol.

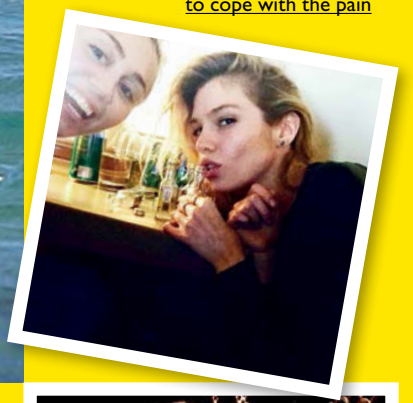
Miley is reportedly partying up a storm to cope with the fact that her boyfriend of six months could have cheated on her while he was on Spring Break in Cabo San Lucas recently.

Last week, photos emerged of Patrick getting touchy-feely with a scantily clad brunette who, he claims, is his best friend's girlfriend. The 21-year-old model and actor immediately took to Twitter to defend himself, saying that nothing inappropriate happened and that he wouldn't do anything to jeopardise his relationship with Miley. But other questionable images soon emerged of Patrick and the same young woman, in which he was taking body shots off her stomach.

Then, a few days later, more images of Patrick leaked. This time, he was with his



Miley is reportedly drinking and partying heavily with pal and model Stella Maxwell to cope with the pain





The fact that Patrick has a history with Taylor Burns (left and above) made Miley feel worse when they were spotted on the beach in Cabo San Lucas. He claims that the pictures are innocent



ex-girlfriend Taylor Burns, who was hanging out at the beach with Patrick, in a scene that looked far from innocent for the pair.

As reported in *Grazia* recently, Miley and Patrick had been talking about marriage and babies, and insiders are claiming that Patrick's dalliances may have been a way to tell Miley that he just isn't ready for that kind of commitment.

Since news of Patrick's behaviour made headlines around the world, Miley has remained tight-lipped on the situation. However, those close to her reveal she was "completely devastated and heartbroken" when she saw the pictures of Patrick getting close to other women, especially his ex, as they have an intimate history.

However, instead of wallowing in her sorrow and diving head-first into a bucket of ice cream, Miley is relying heavily on substances to help her cope with the pain. The singer posted a picture on Instagram of her and her BFF, up-and-coming Victoria's Secret model Stella Maxwell, downing vodka on a flight to Las Vegas.

Then, after landing, Miley and Stella headed to Hakkasan nightclub, where they downed even more drinks. According to one onlooker, "Miley was completely wasted. She could barely stand. Her body guards had to carry her from the dance floor."

The following day, Miley hit the Nevada hot spot Omnia, where she apparently continued to get drunk. A party-goer there said, "I have never seen anyone drink that amount of alcohol in one sitting. Miley was smashed and swaying everywhere. She was also lighting joint after joint and sneaking off to the bathroom. It was super dodgy. She was a complete mess."

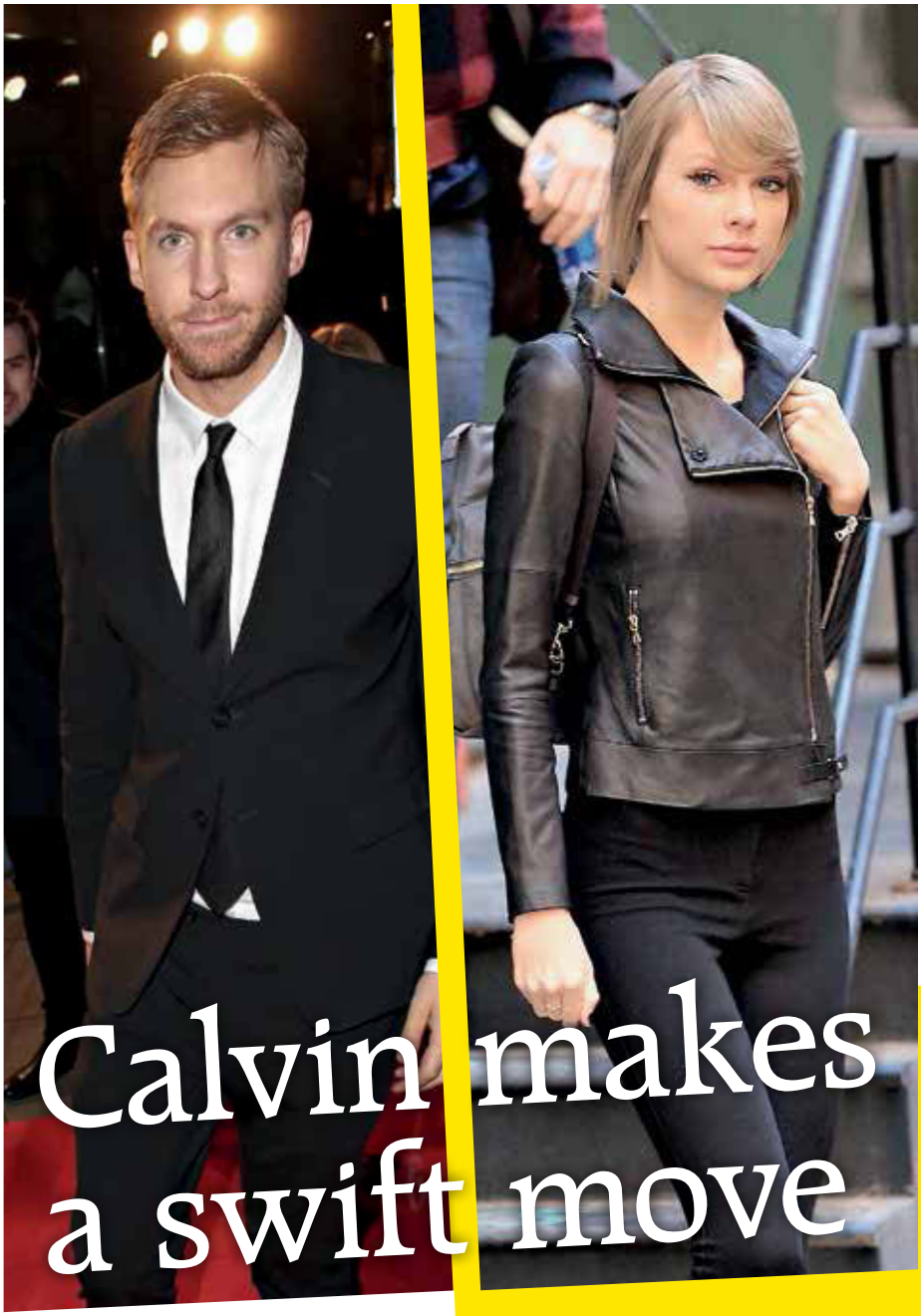
Before she jetted into Las Vegas, Miley stopped off in Texas for a surprise performance with rapper Mike Will Made It at the SXSW Music Festival.

When Miley took to the stage, she told the crowd, "This is Texas. I don't know how f*cking high you are, but we're high as f*ck up here." Later that night, Miley posted a video of herself twerking and laughing in her hotel room, while holding what appeared to be a joint in her hand.

A close friend of the star's said, "Miley is super bummed that Patrick cheated on her. He's tried to contact her to explain his side of the story but she's ignoring him right now. She's cut off all forms of communication with him and even blocked his number on her phone."

Another source added, "Miley is deciding whether or not to give Patrick another chance. She feels like he's made a complete fool of her. The only way she knows how to cope is to get completely wasted. She's on a total alcohol and drug binge. We're worried about her because if things break between her and Patrick, it can only get worse…" ■

Words: Sonja Raath. Sources: Dailymail.co.uk; Hollywoodlife.com; TMZ.com; Au.lifestyle.yahoo.com/Famous. Pictures: Greatstock/SplashNews; Instagram.



Calvin makes a swift move

WHEN TAYLOR SWIFT SANG "Heartbreakers gonna break" in *Shake It Off*, she meant it. According to sources, the songbird is the reason why Calvin Harris recently broke up with his girlfriend of seven months, model Aarika Wolf.

Calvin, 31, and Taylor, 25, first got the rumour mill turning at this year's Brit Awards, where they were spotted by a handful of journalists flirting up a storm, holding hands and not leaving each other's side for over two hours. They danced seductively together, and Calvin apparently put his hand on her bottom at one stage. Ooh-er!

Suspicions that the two were hooking up were confirmed a few days later when it was revealed that the DJ dumped Aarika, reportedly to give things with Tay-Tay a proper go.

According to friends close to the model, she found out that Calvin had moved on via the internet. "When she confronted Calvin about the rumours, he confirmed they were true and broke up with her on the spot," said an insider. "Aarika was crushed and completely blindsided. She blames Taylor and considers her to be a home-wrecker."

But that hasn't stopped the musos from giving their relationship a shot. It seems that things are off to a sizzling start because, two weeks later, Taylor flew over 4 000km to see Calvin while he played a gig at Hakkasan in Las Vegas. Oh, and he sent a private jet to fetch her.

Taylor apparently flew in from New York with her besties Ellie Goulding, Selena Gomez and the Haim sisters. "Calvin actually chartered the jet to fly Taylor and her mates over to see him in Las Vegas," an insider said. "Ellie, Selena and the Haims all joined her for the trip, and they had a great time." Apparently, the singer spent the night "pulling some moves" behind Calvin in the DJ booth.

Sources told *Grazia* that the pair (whom we are calling Talvin) has been inseparable since the trip. "Taylor and Calvin are into each other in a big way," said a source. "It's early days, but there's an undeniable connection between them, and they've been texting pretty much every day. They had a lot of fun in Las Vegas, and she especially enjoyed hanging out after the show. Taylor has told friends she can't get him out of her head. Everyone thinks this has serious potential."

According to our sources, Taylor's good friend Ellie – who has collaborated with Calvin on numerous occasions – introduced them to one another before the Brit Awards in February. "They have so much in common," added the insider. "Her friends totally approve, which is a plus. What's more, everyone knows that Taylor has a soft spot for British men. The fact that Calvin is so well mannered and creative is a bonus."

Calvin previously dated singer Rita Ora but allegedly ended things with her after he found out she was cheating on him. They had a high-profile spat last June.

Meanwhile, as we've reported, Taylor was recently linked to English singer Matt Healy and has dated Harry Styles, Tom Odell and Conor Kennedy.

In December, Taylor claimed she had implemented a self-imposed man-ban, so that "no one gets hurt". But with Calvin now on the scene, it looks like she's completely backtracked on that. Long live Talvin! ■

4



When Calvin Harris and Taylor Swift (far left and centre) hooked up, his then girlfriend, Aarika, found out about it online

Words: Sonja Raath. Sources: *Grazia* UK; Heatworld.com; Dailymail.co.uk.
Pictures: Greatstock/SplashNews; Elitephotoagency.com.

5



Demi Moore (far left) is apparently making moves on daughter Rumer Willis' *DWTS* partner, Valentin Chmerkovskiy (pictured together left). Rumer is also livid that her mom is stealing the limelight by arriving at the première with her ex Bruce Willis (below)



DEMI MOVES IN ON HER DAUGHTER'S PARTNER

DEMI MOORE, 52, has been known to have a penchant for younger men – and has an impressive track record in nabbing them. (We're looking at you, Ashton Kutcher.) Now she's apparently set her sights on daughter Rumer Willis' 29-year-old *Dancing With The Stars* partner, Valentin Chmerkovskiy.

This isn't the first time Demi's made a move on someone close to Rumer. As *Grazia* reported last year, Demi had a brief relationship with one of Rumer's close friends, Sean Friday, 28. And despite the fact that dating Valentin could have a massive effect on Rumer's chances of winning the latest season of *Dancing With The Stars*, Demi seems desperate to romance the Ukranian hunk.

"When it was announced that Rumer had been selected to appear on Season 20 of the show, we all knew that her mother would cash in on the opportunity to be in front of the cameras again," said a source close to the situation. "But Demi took it to a whole new level that even we didn't expect. She has been crashing Rumer and Val's dance rehearsals and completely embarrassing herself and her daughter by flirting shamelessly with Val."

According to another set insider, Demi even goes so far as to arrive wearing low-cut tops with her toned limbs on display, a full face of make-up and her hair styled, so that she doesn't go unnoticed.

And noticed she's been… The season première of the American version of *DWTS* took place last week to rave reviews, with Rumer and Val getting the highest score of the night. But instead of being able to revel in her glory, Rumer had to watch her mom get all the attention because she had arrived at the show with ex-husband Bruce Willis.

"Rumer is livid that her mother is not only trying to steal her dancing partner, but also trying to steal her spotlight on the competition. Rumer wanted *DWTS* to be her thing. A lot of people think the show's producers only chose Rumer because they knew Demi would show up to every performance and stir up drama – just like she has been doing."

Apparently, while Rumer really wants to confront her mom about trying to garner all the attention, producers have warned her that if she does and her mom stops coming to support her, her days on the show may be numbered. What a pickle. ■

Words: Sonja Raath. Sources: CelebDirtyLaundry.com; *The Globe*.
Pictures: Greatstock/SplashNews; Gallo Images/Getty Images.







5



6/ EASTER HAT

DON'T GET US WRONG – we love stuffing our faces with chocolate at Easter. But even better this year? We plan on crashing the kids' Easter hat parade with these show-stopping beauties. The key to this quirky style update is to build your outfit around the hat, so stick to complementary colours or matching prints, and let your hat speak for itself! If you're feeling playful, go for a cute set of bunny ears, or if you're after a piece with more serious style miles, go for a bright fedora. ■

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PARADE

1 Eugenia Kim at Net-a-Porter.com, **R5 550** **2** Babatunde, **R250** **3** Pringle of Scotland, **R749** **4** Accessorize, **R799** **5** Mr Price, **R50** **6** Stella at Graziadaily.co.za, **R250** **7** Mr Price, **R90** **8** Asos.com, **R272** **9** Simon and Mary at Thejungleonline.com, **R350** **10** Woolworths, **R170** **11** Babatunde, **R350** **12** Foschini, **R199** **13** All About Eve at Graziadaily.co.za, **R345** **14** Foschini, **R225**

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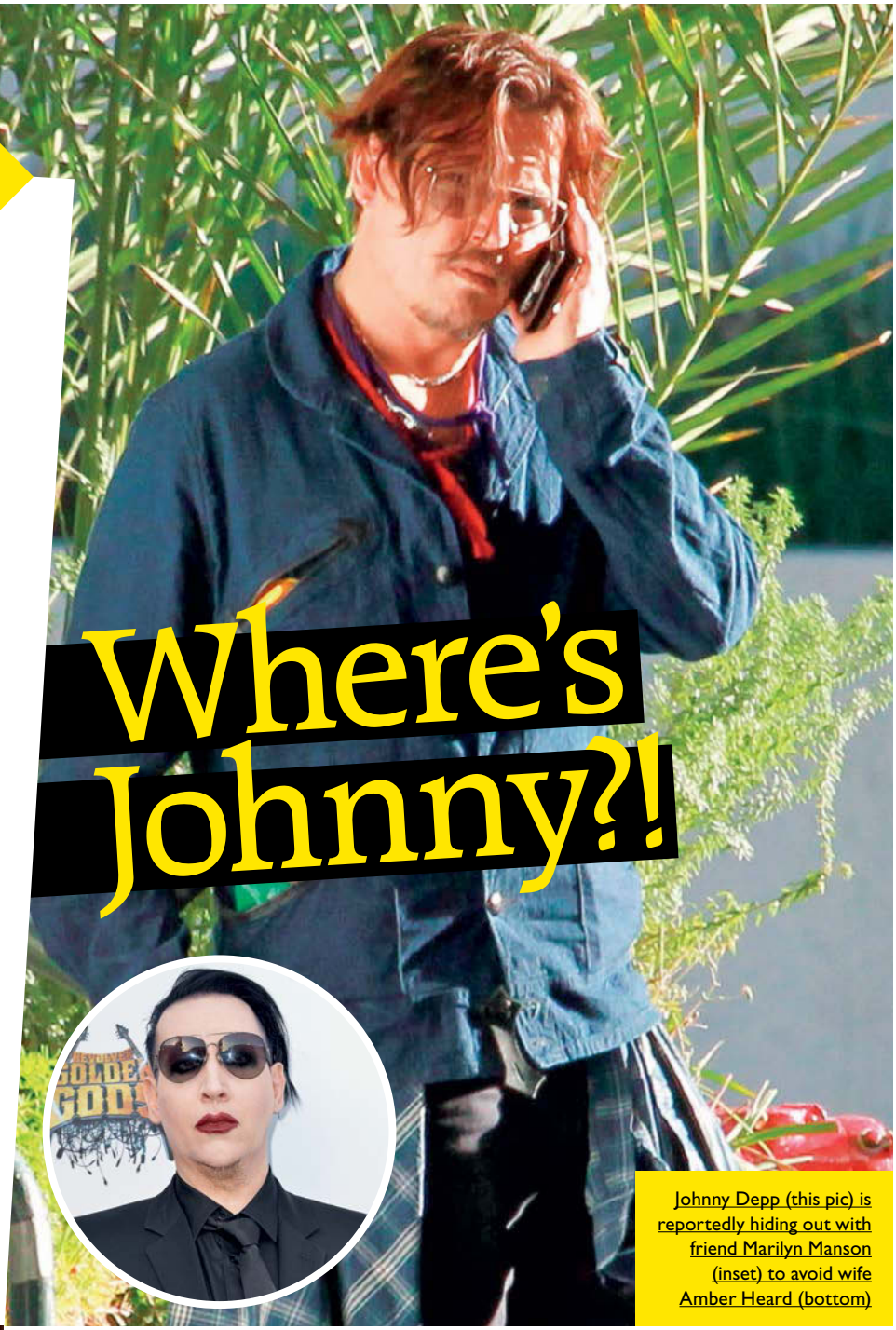
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Words Kirsty Stoltz. Pictures: Gallo Images/Getty Images; Supplied.

7

Where's Johnny?!



Johnny Depp (this pic) is reportedly hiding out with friend Marilyn Manson (inset) to avoid wife Amber Heard (bottom)

THREE MONTHS AFTER saying their "I dos" on the beach of his private island in the Bahamas, Johnny Depp and wifey Amber Heard seem to be in trouble.

After jetting off to film the fifth instalment of *Pirates Of The Caribbean* in Australia, Johnny reportedly injured his hand and had to be flown home to LA immediately to undergo surgery. In the weeks since, Johnny has been completely MIA in his marriage, and apparently Amber is panicked that her husband of three months has fallen off the wagon. Again.

As previously reported in *Grazia*, Amber gave Johnny an ultimatum: sober up or the wedding is off. He reportedly agreed to give at-home rehab a try, and the marriage seemed solid enough.

But, according to sources, Johnny, 51, wasn't exactly a hundred percent on board with this marriage in the first place.

"Before it happened, his friends were begging him not to do it, begging him not to make it permanent. But he was in too deep, and a little wounded after his recent box office setback with *Mortdecai*. So it happened. Despite all the warnings, he went ahead and made it official," a source explained. "But the happily ever after wore off really quickly. It wore off a long time ago. Which is why while he's working, he's also hiding. Of course, he could stay in luxe accommodation. Instead, he's on buddy Marilyn Manson's couch."



The source also revealed that Marilyn was apparently the most against Johnny's decision to tie the knot with Amber, 28, and completely understands his BFF's need to seek refuge from the relationship somewhere Amber can't get to him.

According to the same source, it's driving Amber nuts. "She's obsessive with calling around looking for him, haranguing anyone she can to ask where he is, what he's doing, why he hasn't texted her back. She's been delayed on set a few times because she's been shouting down the phone at someone in her trailer, demanding they track him down for her."

Somewhere, we're sure, Johnny's ex of 14 years, Vanessa Paradis – who left Johnny after he cheated on her with Amber – is smiling. ■

Words: Guinevere Davies. Sources: Blindgossip.com; Laineygossip.com; Dailymail.co.uk. Pictures: Elitephotoagency.com; Gallo Images/Getty Images.

(B)RAVE NEW WORLD

8

IT DOESN'T MATTER if you don't know the difference between trance, techno or dubstep, you can still dress the part – and be bang on trend. We first spotted the rave revival on the runway at Dries van Noten's A/W14 show, lush with bright acid prints and frenetic tech patterns. To master the look, we recommend mixing tech fabric, like mesh and neoprene, with some neon sportswear. Now you're ready for the light show! ■





R2 299, **Topshop**



R3 300, **Radley London**



R2 999, **Calvin Klein**



R1 300, **Mimco at Woolworths**



R759, **Zara**



R36, **Mr Price**



R5 244, **Marc by Marc Jacobs at Ssense.com**



R15 180, **Peter Pilotto at Net-a-Porter.com**



R120, **Mr Price**



R699, **Mimco at Woolworths**



R120, **Mr Price**

ONLY R120!



R2 499, **Mimco at Woolworths**



R499, **Adidas**



R1 552, **Dr. Martens at Revolveclothing.com**

Words: Kirsty Stoltz. Pictures: Gallo Images/Getty Images; Supplied.

THE LOST GEN

'This is no way to grow up'

9/



WHEN ROCKETS BEGAN exploding just metres from their front door, Rihan, 16, and her family were forced to flee their home in Qamishli, Syria to the Domiz refugee camp in the Kurdish region of Northern Iraq.

Now, talking to *Grazia*, the beautiful teenager sits on a thin mattress in a hot tent that she shares with her mother and four siblings, explaining what life has been like since they fled.

"It's been like a prison," she says. "I want to travel the world. I want to learn languages. I want to get out of here."

It's been four years since conflict erupted in Syria. What started as a protest against the government slid into a full-scale civil war between forces loyal to President Bashar al-Assad and those opposed to his rule. The war has left hundreds of thousands dead and almost three million forced to run for their lives – the largest exodus since World War II.

Now the region has descended from civil war into utter chaos, with militant Islamist group ISIS sweeping through leaving bloodshed in its wake.

Rihan's story runs along the same lines as hundreds of refugees' stories at Domiz, a camp with 50 000 people built for half as many. She tells us how her family fled on foot with little more than the clothes on their backs and walked for four hours before they reached the Iraq border, which has been crossed by nearly 250 000 fleeing Syrians to date.

Before her world was completely flipped upside down, Rihan wanted to

Words: Sonja Raath. Sources: *Grazia* UK; Dailymail.co.uk. Pictures: Gallo Images/Getty Images; Hannah Maule-Ffinch.

ERATION:

SYRIA FOUR YEARS ON



‹ ARVINE, 17
"In Syria we had a lovely house. Now there's six of us sleeping together. I've been trying to get into school, but they keep telling me next year. I've not been for three years. Now I have given up."

be a doctor. But in the camp, she says she had to wait two years for a place at one of the schools.

When there is electricity, she watches TV with her sisters on an old set her mother managed to pick up in the camp. When there isn't – which is almost always due to the high demand – they just sit in the dark.

This is the lost generation of Syrian youth, forgotten victims of war, all quietly coming of age and facing dismal prospects. Torn from their normal teenage lives, they are forced to live day after day in this makeshift canvas town, where up to three families share a tent. Rivers of mud flow through the camp every time it rains, leaving everyone vulnerable to outbreaks of cholera and hepatitis.

"When I first arrived and saw what was to be my home, I just collapsed and cried," said 17-year-old Arvine, who knows she'll never go back to her old life of studying, playing tennis and shopping with friends. "This is not a way to grow up."

Arvine tells us that she wanted to be a teacher but hasn't been to school for three years now and has given up on the idea of an education. She is one of many.

According to a report published recently by NGO Save the Children, more than 2.8 million young Syrians are not in school, and half of all young refugees are not receiving any form of education.

Arvine's 18-year-old sister got out by marrying a man in a match arranged by her mother. She moved to Erbil, a town four hours away.

"It's better for her there," said Arvine, who has only been able to scrape together the money to visit her sister twice in the past three years.

While being married off isn't exactly what these young girls want, it's sometimes their only means of escape. They had ambitions to be doctors, teachers, lawyers; many were on degree courses before they had to flee. But forced marriage is on the increase, as desperate families look for ways to ease the pressure on family resources and protect their daughters from sexual violence – cases of rape in the camp are reportedly rampant.

Given that the camp has exposed them to as many dangers as it's saved them from, it's no wonder some consider desperate means of escape. One 16-year-old said six of her friends had joined the Iraqi Kurdistan force, the Peshmerga, in the fight against ISIS and are urging her to follow suit.

"It would be a good thing to defend my country," she said. "If it's a choice between this life and another, I would be happy to pick up a gun." ■

Visit South African charity organisation Gift Of The Givers at Giftofthegivers.org to support Syrian disaster relief efforts

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ONLY R90!



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10

CANDY girl

THERE WAS A TIME that head-to-toe pastels were a no-no for fear of looking like an ice cream. But this season you can make all your candy-coloured dreams come true. Try pairing a yellow shirt and pink coat with a blue pencil skirt, or a green dress with a purple biker for an absolutely scrumptious look. ■

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SHOP THESE ITEMS ONLINE AT
GRAZIADAILY.CO.ZA

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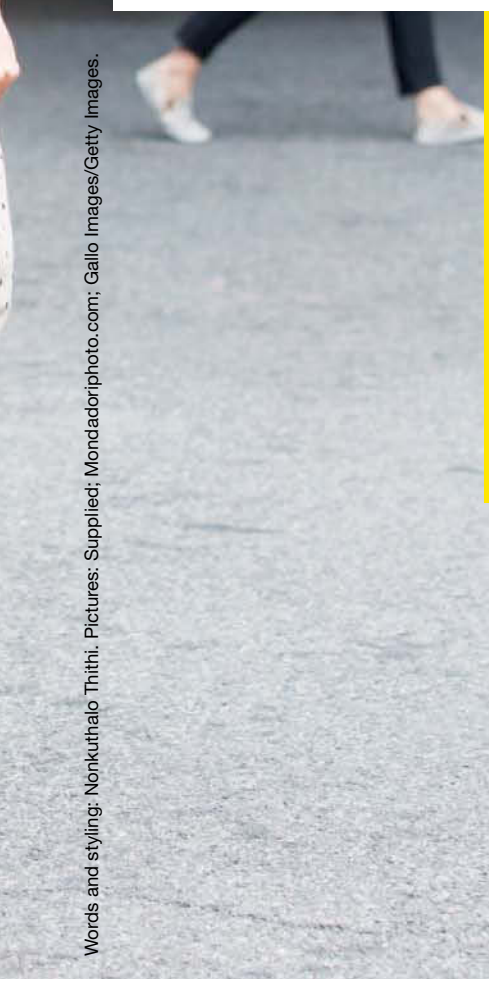
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1. **Mr Price,** R90 **2.** **Rage,** R275 **3.** **Woolworths,** R300 **4.** **Accessorize,** R699 **5.** **Zara,** R459 **6.** **Topshop,** R949 **7.** **Style Republic at Graziadaily.co.za,** R80 **8.** **Asch at Graziadaily.co.za,** R160 **9.** **Fendi at Net-a-Porter.com,** R11 060 **10.** **River Island,** R1 099 **11.** **Foschini,** R899 **12.** **Mango,** R999 **13.** **Edit at Graziadaily.co.za,** R355 **14.** **AJ Morgan at Asos.com,** R285 **15.** **Charles & Keith,** R699 **16.** **Vince at Shop-Label.com,** R9 260 **17.** **Chicwish at Polyvore.com,** R815 **18.** **Erato.co.za,** R1 399

DKNY

Words and styling: Nonkuthalo Thithi. Pictures: Supplied; Mondadoriphoto.com; Gallo Images/Getty Images.

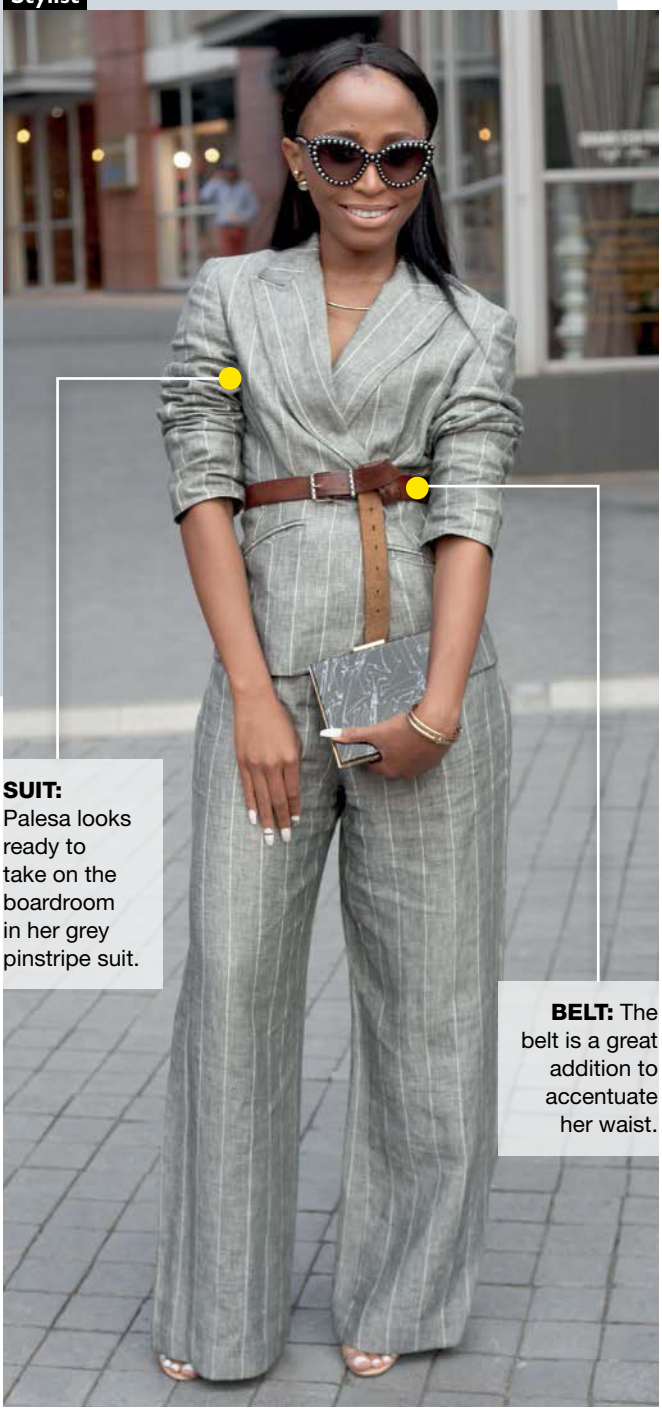
STYLE HUNTER

The fashionistas were out in force in Jozi – and even with overcast days creeping in, sunglasses were the must-have accessory

FOR MORE STREET STYLE, GO TO GRAZIA DAILY.CO.ZA

PALESA MAHLABA, 27

Stylist

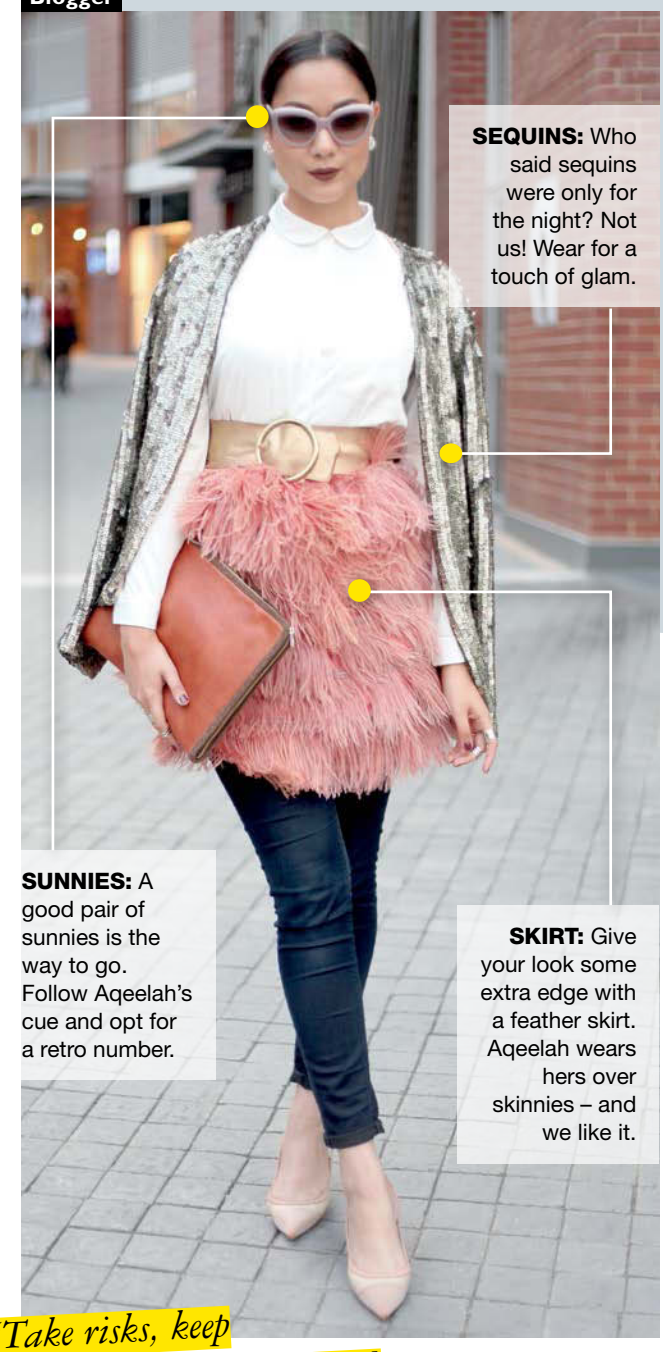


SUIT: Palesa looks ready to take on the boardroom in her grey pinstripe suit.

BELT: The belt is a great addition to accentuate her waist.

AQEELAH HARRON ALLY, 25

Blogger



SEQUINS: Who said sequins were only for the night? Not us! Wear for a touch of glam.

SUNNIES: A good pair of sunnies is the way to go. Follow Aqeelah's cue and opt for a retro number.

SKIRT: Give your look some extra edge with a feather skirt. Aqeelah wears hers over skinnies – and we like it.

'Take risks, keep proportions in mind – and don't wear cheap shoes!'

Compiled by: Amber Ham. Pictures: Trevor Stuurman.

Quirky prints and slogans are trending now

CRYSTAL KASPER, 27

Blogger

'Style is a way to say who you are without having to speak'



TRENCH: Welcome to the season's hottest coat: the trench. Crystal wears hers with flair by raising the collar.

SLOGAN CLUTCH: A clutch with quirky slogan just gives an instant update to any outfit.

THITHI NTETA, 30

Blogger



MAXI SKIRT: The geometric motif on this classic style totally adds a "wow" factor.

MIXING PRINTS: Clashing your prints is the way forward this season – the more different, the better it looks.

'Prints are my thing. I love playing around and experimenting'

FOLLOW @GRAZIASAMAG ON TWITTER TO FIND OUR STREET STYLE TEAM!

HERE COMES THE NEW #YOLO

#YOLO (you only live once) has become shorthand for acting on impulse and being spontaneous, but is it causing us to make stupid decisions?

WE'RE ALL FOR LIVING FEARLESSLY at *Grazia*, but according to new research, the #YOLO generation are taking spontaneous behaviour to reckless new levels. In a new report commissioned by the travel website Lastminute.com, the insane and random things we do on impulse are not so much #YOLO as #WTF?! Take the top things the survey found we're guilty of doing on a whim: quitting a job (fine, if you have a stash of savings, but not so cool if you tell your boss to shove it without a Plan B); having an affair (never a good idea); and blowing money on an expensive gadget (admit it, how often do you really use that state-of-the-art juicer?). Living life by the #YOLO motto could be a shortcut to becoming a broke, unemployed home-wrecker, so it's no wonder that a new four-letter acronym is set to become a buzzword among internet memes. Step forward, #PACE (that's plan and carefully execute). It may sound boring, and sure, you won't end up skipping that Wednesday meeting to buy Loubs you can't afford, but the benefits you'll reap in the long run will make up for it tenfold.

Johannesburg-based life coach Judy Klipin (Judyklipin.com) explains, "When we are not clear about our own goals and needs, it can be hard for us to make choices and take actions that serve us, rather than serve someone else. If we have clear goals and plans, however, it is easier for us to make mindful decisions and choose to do things that take us closer to our goals, rather than further away from them. When we are mindful about the decisions we make and actions we take, it means that we have thought through the possible consequences and have chosen a course of action that will result in consequences we are prepared for and can manage."

The major problem with the #YOLO mentality, adds Judy, is that there is a temptation to use it as an excuse for being reckless. "Sometimes people use the idea of spontaneity – which is often perceived as a positive attribute – to explain away something that they may not have thought through very well. I think there is a big difference between mindfully going with your gut and acting on instinct spontaneously, and being reckless and not paying any attention or being in any way mindful about choices you make."

The success of #PACE over #YOLO is probably best demonstrated in the marshmallow test, a study into impulse control that began in the 1960s. The experiment found that children who put off getting instant sugary pleasure in favour of waiting ten minutes to receive a second goodie were more likely to grow up to have academic and career success. So, the more we can control our impulses in favour of planning our long-term goals, the better off we'll be.

DEVISING A CAREER STRATEGY

Lucy Gadkari, 26, a tech entrepreneur, knows how careful planning can pay off. After eight months of hard work, she's about to launch Moodoo, a mobile app that allows you to put together plans quickly and simply, kind of like having a PA for your social life. The app is set to launch in May – something Lucy could never have achieved without #PACE. "Setting up a business feels like a huge personal achievement. I am now fully immersed in planning the future on a daily basis – whether it is mapping out our five-year business strategy, devising a marketing approach or, of course, brainstorming around what experiences we hope our users will love!"

But #PACE is about more than just writing to-do lists. It's about knowing what you want and figuring out how to get it. "Planning differs from organisation: it's less about knowing how to get something done and more about forward thinking and deciding what it is that I want to achieve – in my life *and* career," says Lucy.

"Thinking carefully about your career, your finances and your future is something that my generation shouldn't gloss over," continues Lucy. "Thinking things through properly and trying to consider all eventualities before taking action is always a worthwhile and important task.

"No matter how much you plan, there is always the risk that it might not go the way you had anticipated," she adds. "I've learnt to deal with potential disappointment by accepting that there are some things that are simply outside my sphere of control. It's a matter of turning disappointment into a positive."



'Living life by the #YOLO motto could be a **shortcut to being a broke, unemployed home-wrecker,** so it's no wonder that a new four-letter acronym is set to become a buzzword among internet memes'

MAKING YOUR OWN LUCK

Careful planning can help you get what you want in your personal life, too, says PR guru Helen Jane Campbell: "From a very early age I knew that thinking ahead reaps rewards. I had secret personal goals – to be married by 35 – as well as public goals, like owning my own PR firm, which I now do. People say, 'Oh, you're *so* lucky,' but most of what I do was always in the plan, even proposing to my now husband, as I knew I wanted to stay with him."

Helen adds, "Planning can help you feel more confident. For example, if you're going to a networking event and you're nervous, by looking up who else will be there in advance, and reaching out to some of those people online, you can be sure that you'll know a few names on the day and have people to meet for coffee and talk to, instead of standing in the corner feeling anxious."

Helen admits that there *is* room for spontaneity. "We should all seize the moment, but remember to take an umbrella, some loose change and a torch! Planning can be fun, whether it means doing self-defence classes prior to travelling alone or starting a wedding-planning book after getting engaged – planning is not the boring!"

However, no matter how much you plan, you can still be open to unexpected adventures – and there are still times to trust your gut. Johannesburg-based life coach Judy Klipin (Judyklipin.com) says, "Ultimately, it's about being mindful about the consequences – if trusting your gut about something will not have irreversible or potentially unhappy consequences, then go for it." ■

Words: Aoife Stuart-Madge. Picture: Shutterstock.

A CHAT WITH…

KELLY CLARKSON

The original American Idol *talks touring, Twitter and how it feels to have money*

How excited are you about your new album, *Piece by Piece*?
I'm really excited. We're all really excited. We have a tour starting up in the summer that we've just planned, running in America and then hitting all the other territories. I don't know, I guess I'm just pumped.

What inspired the name?
We named it *Piece by Piece* because, firstly, it's one of the songs on the album, and I guess that song has the biggest impact message wise. And it's also a nice title for an album because every song is a different piece of my personality. So, yeah, it just kinda fit.

What brings you the most pleasure in life?
Probably the fact that I can travel with my baby daughter [River Rose is nine months old], so I can still be a mom and also be working at the same time. That's a luxury that I know a lot of moms don't have, and I know I'm very fortunate because you don't want to miss a single moment with your child.

Can you explain her name?
River, River Rose. Well, we live on a river…

***Heartbeat Song* is your latest single…**
Yes. I always like to explain to people that *Heartbeat Song* is like the first layer of the new album. I like anthems, and I like really big, powerful pop songs. And the next single will be a different layer to the album and so on. I hope people dig it because I really love it.

There aren't only ballads on the album. You also have up-tempo songs and hip hop influences. Why is that?
Name one artist who only likes one genre of music. Everybody likes something different. We all have diverse genres and songs on our iPods and iPhones. I've included different-sounding songs since my first record. I like having everything different. I don't want to make the same song 12 times. That would be very boring.

I guess money's not a problem for you anymore.
No, luckily. [Laughs.] I love that, because I didn't grow up with money, so it's nice to have money now. Only rich people say money doesn't buy you everything, but because I was poor, I know that's horse shit. Money can buy you a helluva lot – and a whole lot more. [Laughs.]

Better to have it than not.
I remember being poor when I was a kid, and people would say, "Money doesn't buy you everything," and I would just think to myself, "You obviously have money, because people who don't have money don't say something like that." [Laughs.]

But if you don't have money, you can still have love.
Definitely. I don't think money can buy happiness. I mean, I've had money for quite some time now, and I definitely wasn't happy until the last three years of my life…

You're not a huge fan of Twitter or Facebook, right?
Oh man, it's so hard for me to do. It's just so egocentric to think that people care what kind of coffee you're getting, or what your coffee looks like or what your food looks like. [Laughs.] Like it's all these different things. If I see one more frickin' selfie… I think the world's just gone crazy with vanity thanks to social media, though I will play devil's advocate as I love the accessibility of being able to talk directly to my fans. That's the cool part about it. I would have loved that in the past, and I do love it now. I follow people like Pink and Ellen DeGeneres and a bunch of other artists. I think it's cool that you can tweet people you like and they might see what you say, and it might make them feel awesome about what they're doing. That's really cool.

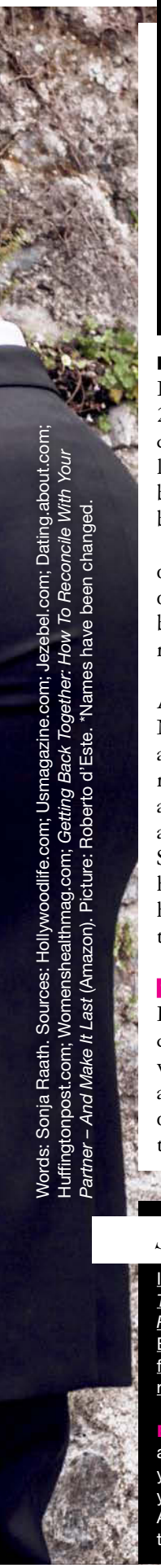
What's next on your to-do list?
I definitely want to do Broadway. I'm a big fan of musical theatre. ■

Words: Nat Ivy/FAMOUS. Picture: Gallo Images/Getty Images.





Should you get back together WITH YOUR EX?



Words: Sonja Raath. Sources: Hollywoodlife.com; Usmagazine.com; Jezebel.com; Dating.about.com; Huffingtonpost.com; Womenshealthmag.com; *Getting Back Together: How To Reconcile With Your Partner – And Make It Last* (Amazon). Picture: Roberto d'Este. *Names have been changed.

Tell your best friend you're thinking of getting back with your ex, and she'll probably remind you why you broke up in the first place. But with more and more couples choosing to reconcile, we ask the age-old question: can it really work the second time around?

REMEMBER WHEN Chris Brown and Rihanna stepped out together at the 2013 Grammy Awards? The world did a collective eye-roll, with many labelling RiRi a "fool" for getting back together with the man who beat her up four years earlier.

Though their relationship fizzled out again, there are a handful of other celebrity couples who've broken up and reconciled – and made it work.

After less than a year of dating, Adam Levine abruptly dumped Namibian Behati Prinsloo in 2013 and moved on to *Sports Illustrated* model Nina Agdal. However, just a month later, Adam dumped Nina and was back with the Victoria's Secret model. Since then, the couple have tied the knot and couldn't be happier. So, are they the exception or the rule?

SCIENCE IS AGAINST YOU

Because every relationship is different, there are various reasons why some couples get back together and eventually break up again, while others manage to prove that "second time lucky" really is a thing.

Professor Amber Vennum of Kansas State University recently conducted a study on 323 cohabiting and 752 married couples who had broken up and then reconciled – and found a few disturbing factors.

She stated in her report: "My findings showed that couples in a cyclical [on/off] relationship tended to be more impulsive about major relationship transitions – like moving in together, buying a pet or having a child – than those not in a cyclical relationship. As a result, those couples were less satisfied with their partner, had worse communication skills, made more negative decisions, had lower self-esteem and had a higher uncertainty about their future together."

Sylvia*, 31, a Cape-Town based sales rep, says she tried to give her relationship another go, but it ultimately failed again.

She says: "Tom* and I dated for eight years after meeting in high school. Things were pretty serious, but he got cold feet when his family kept pressuring him to propose to me. He dumped me and said he needed time to enjoy his youth."

Yet six months later, Tom was back, begging her for another chance. "I told him that I wanted things to be different the second time around. I still loved him, but a lot had changed over those few months. I realised that while I had matured, he was still the same – he lacked ambition and was still in full party mode. I ended it again four months later."

Sylvia is now happily single. "It took getting back together for me to realise it was never going to work – and to see the flaws that I had missed the first time round. I realised I didn't actually want to spend the rest of my life with him. I was a fool to think we could pick up where we left off, because the same problems were still there," she says.

While Sylvia's story is common, it doesn't mean that all reconciled relationships are doomed to fail.

THERE IS HOPE

Take Joburger Zoe*, 26, for example. She met Nick* at university, and they ended up dating for a year. However, they then mutually called time on their relationship.

But after a week, both Zoe and Nick realised they couldn't just be friends. But not long after that, the pair broke up again. "Nick was going through a really tough time, and he felt I didn't need to be burdened by it," explains Zoe.

But that didn't stop Zoe from keeping in touch. "I stuck by his side even though we weren't together," she says. "He was grateful for it, and he realised I really loved him."

Now, Zoe and Nick are married. "We are a team now, and we work on our relationship all the time."

HOW TO MAKE IT WORK

According to another recent study, 50 percent of couples who break up try to work things out. Out of that 50 percent, only 12 percent go on to make their relationships work. The reason: they *actively* make an effort every day to iron out the cracks. ■

Second-round rules:

In her bestselling book *Getting Back Together: How To Reconcile With Your Partner – And Make It Last* (Amazon), Bettie B. Youngs says you should take the following steps if you want to have a lasting relationship second time around:

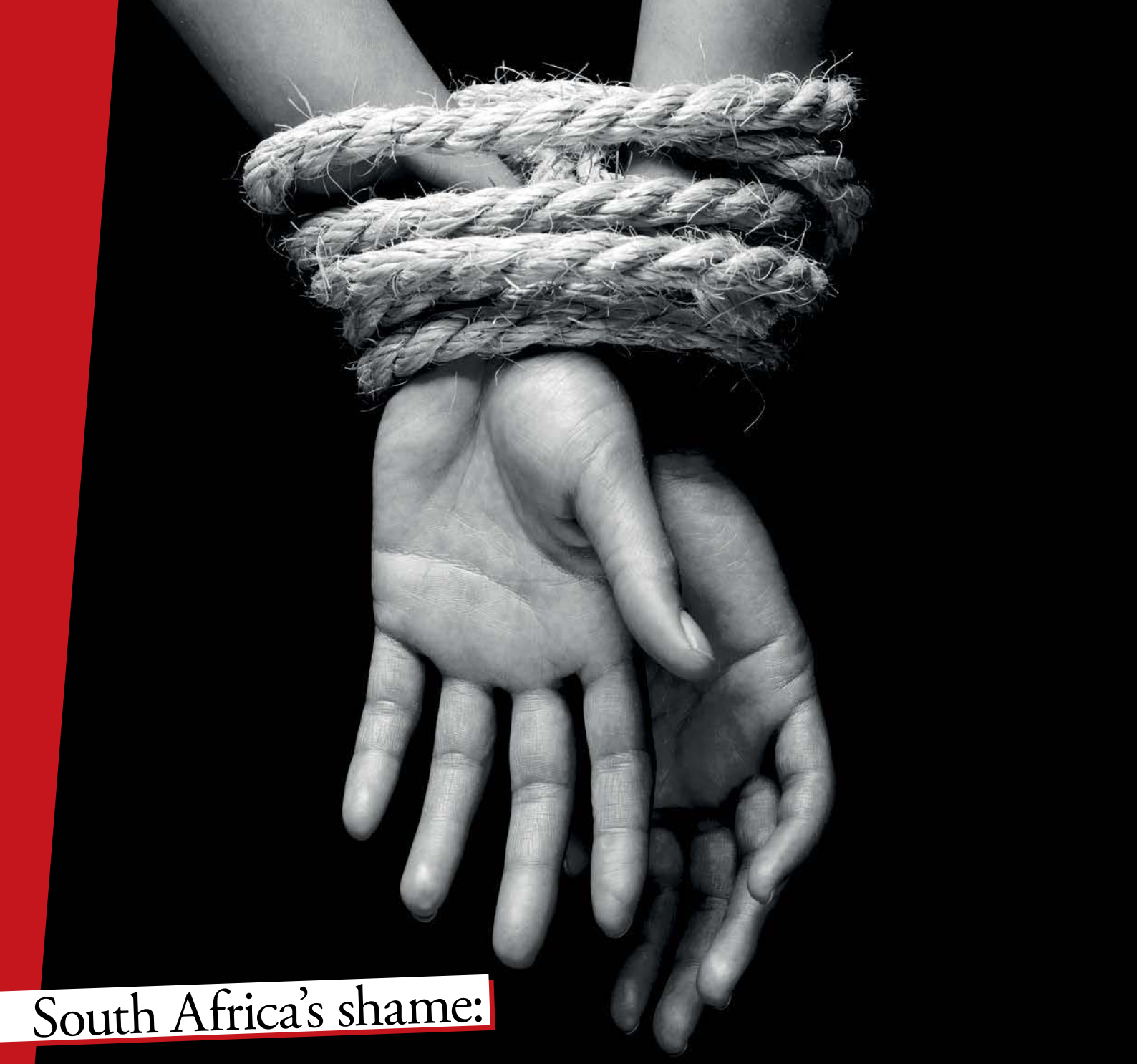
Be honest with yourself: If your ex was abusive, left you with debt or ran off with your best friend, you probably already know you shouldn't give them another chance. Ask yourself if you only want to get back together because you fear being alone.

Try being friends first: Friendship is at the core of every relationship. Before plunging back into full-on couple territory, plan a few platonic hangouts, like grabbing lunch. That'll give you a chance to assess the situation and determine if things are still too raw to proceed.

Lay everything out on the table: You broke up for specific reasons, and you need to discuss those reasons to avoid falling into the same patterns. Come to some reasonable agreement about how to hold each other accountable going forward.

Take it slow: It'll be tempting to pick up where you left off, but not only is that unrealistic, it's important to remember that you've both also probably changed during your time apart. Rather than viewing your relationship as a reboot, act as if you're dating a guy you just met.

Be willing to walk away: By giving things another chance, you're taking a leap of faith. But with more reconciled couples reporting lower levels of satisfaction and higher levels of relationship uncertainty, it's important to know that things may not be as great the second time around. So be mentally prepared to walk away if it turns out it just isn't what you expected.



South Africa's shame:

'WE ARE A NATION SLEEPING WHILE OUR CHILDREN ARE FALLING INTO HELL'

Even though human trafficking exists in just about every country in the world, at last count South Africa ranked as one of the ten worst countries in Africa affected by the hidden crime. Worse still, the trafficking of children for sexual exploitation seems to be higher here in Southern Africa than the rest of the continent, with the girls being sold younger and younger. *Grazia* investigates the shocking reality that trafficked women and children still face and ask why it's so difficult for police and activists to stop the cycle

AS SHOCKING AS this may sound, slavery still exists. But, unlike in centuries past, these days the exploitation of men, women and children for everything from labour and begging to sex and organs takes place in the shadows, with most victims unable to escape or unwilling to report these crimes for various reasons.

The situation in South Africa is particularly bleak. "All countries are affected by human trafficking, but SA is especially vulnerable due to its underlying societal problems, inequality and discrimination – as well as being an attractive market for traffickers due to its relative wealth and stability," says Monique Emser, who forms part of a KZN human trafficking, prostitution, pornography and brothel task team.

Monique is also a research fellow at the University of the Free State's department of criminal and medical law. Using reported incidents, she helps to compile data for the annual LexisNexis Human Trafficking Awareness Index, which first identified the extent of South Africa's human trafficking problems in 2013 and showed that women and children are especially vulnerable to falling victim to sexual exploitation, with girls as young as 10 reportedly being sold into prostitution.

"Between 2011 and 2014, the LexisNexis SA HTA Index identified 717 potential victims of trafficking and 128 potential victims of sexual exploitation, of which 43 were girls. This means that at least one third of sexually exploited victims identified and assisted in SA are children," Monique says.

Just last week, a couple in the suburb of Westering in Port Elizabeth were arrested on suspicion of being part of an international child pornography ring that distributes horrifying snuff footage of the rape, torture and murder of newborns and babies. Police confiscated 15 hard drives containing this kind of material from their home.

"I believe this arrest is just the tip of the iceberg," human trafficking expert and Salvation Army major Margaret Stafford tells *Grazia*. "We are a nation sleeping while our children are falling into hell."

While she's made it her mission to help victims of sexual exploitation and trafficking, like Monique, Margaret faces a huge battle when it comes to finding out the exact numbers of women and children being exploited. "The sad thing is that prostitution is a crime our SAPS don't keep numbers on. They can't tell you if there are more or fewer or what their age is or their ethnicity. But you just have to walk around the streets of Hillbrow [in Johannesburg], and you will meet children as young as 13, and even younger, selling their bodies for sex. They are there. I have seen them and spoken to them. One young lady was so sick she couldn't walk, but they would still sit her outside the brothel, and she would be carried to a car for a man to have sex with. I've met a woman who had such bad STDs, she couldn't move, and each client hurt her more and more. I carried her into the hospital casualty, so that she could get some help."

At the moment, the estimated number of child prostitutes in South Africa sits at 30 000, with ›



10 000 of those thought to be working in Johannesburg.

Margaret has encountered plenty of these prostitutes in her time with the Salvation Army. "The girls I have met have generally been forced into prostitution by a 'friend'," she says. "The Sudanese have a saying, 'Use a slave to catch a slave', so these 'friends' offer the person board and lodging and the chance to make a lot of money. Once they're in, they're usually sold off by a pimp. A pimp sold a 17-year-old girl I met from Durban to his 'brother' in Pretoria for R1 000. She was very young and used as a sex slave and looked after by older girls in the brothel. The police know of many of these brothels and only react when a complaint is lodged for noise or too many girls coming and going."

Margaret laments that while the girls vow to look after each other, they can be removed from that security network in an instant. "If they give any trouble, the pimp will sell them on to the next pimp, one preferably far away. Many of them don't run away because they're lost, alone and scared. They have lived a life that their parents would consider dirty. And many are already addicted to drugs like heroin, and they all drink profusely."

In 2013, President Jacob Zuma signed the Prevention and Combating of Trafficking in Persons Act into law. Any person found to be in contravention of this Act could be fined up to R100 million or face a life sentence or both.

But since the Act was passed, only a handful of convictions have been made, with the most prominent being that of 62-year-old businessman Lloyd Mabuza. He was handed down eight life sentences for human trafficking and rape in November last year after keeping five underage Mozambican girls (aged between 10 and 16) prisoner from 2009 to 2012 in a remote village in White River in Mpumalanga.



‹ The girls I have met have generally been forced into prostitution by a 'friend'. The Sudanese have a saying, 'Use a slave to catch a slave' ›

Aided by Violet Chauke, a Mozambican citizen and human trafficking victim herself (who was sentenced to 20 years behind bars), Lloyd reportedly took turns raping each of the girls and threatening to kill them should they ever try to escape. Violet and her sister Juliet, who escaped arrest, reportedly lured each of the girls to South Africa with promises of a holiday or a better life and education. Violet, 24, was only 12 years old when Juliet lured her to SA.

The low number of convictions since the Act was passed in 2013 is indicative of the complexities involved in investigating and prosecuting human trafficking cases. That is why it is so important that the Act be properly and quickly enforced.

"Unfortunately, a number of victims may be unable or unwilling to testify for a number of reasons. As a result a case may not make it to court. In other instances, foreign victims are repatriated by Home Affairs before they can be interviewed by police," Monique says.

With so many seemingly insurmountable obstacles to overcome, organisations like the Salvation Army rely on the spreading of awareness of human trafficking to help curb the problem. Margaret explains: "We know that one controlling mechanism is to take the girl away from her known surroundings as fast as possible, so if you are a nurse in a clinic and a girl comes in because she has an STD and she looks afraid, ask her what's going on. You may be her lifeline." ■

- The Salvation Army human trafficking helpline is toll-free. Call **08000 73728** for information or tip-offs.
- If you SMS "TRAFFICK" to **42290** you'll donate R30 to the Salvation Army's fight against human trafficking in South Africa.

Words: Guinevere Davies. Sources: Mg.co.za; Salvationarmy.org.za; News24.com; Ewn.co.za; Lexisnexis.co.za; Heraldlive.co.za. Pictures: Gallo Images/Getty Images; Supplied.

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Picture: Shutterstock.

‘It was hot. There was no cellphone reception. He started to panic’



This week, Barry Bradshaw warns a friend against hiking with a new girlfriend

A FRIEND OF MINE decided to take his new girlfriend on a long hike in the mountains. This was the stupidest thing I’d ever heard.

“Are you crazy?” I demanded. “You’ve only been seeing her for a couple of weeks. Think of everything that could go wrong.”

He scoffed at me. Like what?

Well, for a start, what if she trips on a molehill and twists her ankle and he has to carry her out? What if a snake bites her?

“You obviously don’t do much hiking,” he said.

“That’s right, I don’t,” I replied, “because I own a car and a sofa and a fridge full of beer. The only reason to walk a long distance is because you don’t have a car and someone’s stolen your sofa and your fridge, and that’s the only way to get them back.”

But the main reason I thought it was a bad idea was because everyone knows that if you’re getting to know someone, you should avoid stressful situations. That’s why you don’t meet each other’s parents too soon or travel overseas or rob banks together until the relationship has matured. You don’t need the pressure.

“No, but that’s where you’re wrong,” he said. “I want the pressure! She seems perfect, but it’s easy to be perfect when everything’s good. I want to see her real character.”

He explained that he’d tell her that they’d just walk for an hour, but then he’d take her a different way and pretend to get lost, and see how she reacts. He’d see what she’s like in a crisis, if she’d turn on him. You can learn a lot about someone when you’re out in the wild.

“This is the worst plan,” I said.

I saw him some time later and asked him what happened. Did she get upset? Did she refuse to keep walking? Did she blame him?

“Something like that,” he said.

“Look,” I said, “So what if she’s not a great hiker? That’s not a reflection on her character.”

But he just mumbled and avoided my eye, so I knew something else was up.

Finally, I got the story. He had hatched his plan just as he’d said. The problem was, at a certain point, he really did get lost. It was hot, there was no cellphone reception and he hadn’t brought enough water. He started to panic.

What if they were stuck there overnight? What if they never found their way back? And it was all his stupid fault! He began to crack. He kept changing his mind about which direction to walk. When she tried to make suggestions he snapped at her. Then he yelled at her.

Eventually she realised she had to take control. She told him to be quiet and listen. She gave him her energy bar to boost his blood sugar. Finally she worked out which way was west and navigated them back to the car.

“So that’s good, right?” I said.

“Yeah,” he said. “She’s great.”

“So then?”

“When we got back, she thought we should maybe slow things down.”

“Oh.”

“She said you can learn a lot about a guy when you’re in the wild.” ■

NEXT WEEK: What not to do on a date: talk about the future too soon.

Picture: Gallo Images/Getty Images.

YOU THE FASHION JURY

OUR PANEL



SARAH MAELI
Account manager at JK Public Relations



ROXANNE LINDENBERG
Grazia *photographer*



SINENHLANHLA DLAMINI
Managing director of Clad Chic

AND YOU
GIVE US YOUR CHIC CRITIQUE EVERY WEDNESDAY ON THE GRAZIA SA PAGE ON FACEBOOK

Which of these celebs impressed our jurors and who left them disappointed?



GWEN STEFANI

ROXANNE
Gwen looks really cool. It's on trend and simple without going over the top. Great style.
★★★★☆

SINENHLANHLA
I really can't see where she was trying to go with this look. If I could use one word to describe how she was feeling when she got dressed that day, I would say "lazy"– and she almost got away with it!
★★☆☆☆

YOU
This is so typical of Gwen – taking casual to a whole other level. She always looks stylish.
SEIPATI GQOLOMA
★★★★★



KERI RUSSELL

SINENHLANHLA
Keri perfects the effortless look, and the combination of textures keeps it interesting. The oversized T-shirt that she "threw on" completes her outfit.
★★★★★

SARAH
I love this laid-back rocker-chic look! The heels lend a touch of ladylike charm.
★★★★★

YOU
Gorgeous street style.
CASSANDRA STEPHENS
★★★★☆



JESSICA SIMPSON



SARAH
This is a fashion train wreck! She's wearing far too many accessories for one outfit.
★☆☆☆☆

SINENHLANHLA
The individual elements are lovely, but the look as a whole is too busy. If we removed just two items, it would be exquisite. Less is more, Jessica.
★★☆☆☆

YOU
This doesn't do it for me. There is just too much going on. Simplicity works all the time…
MIRANDA LUSIBA
★☆☆☆☆



RIHANNA



ROXANNE
Oh, my goodness! Rihanna looks terrible. Not sure what she was thinking when she got dressed… Or maybe she wasn't thinking at all.
☆☆☆☆☆

SINENHLANHLA
Rihanna, Rihanna, Rihanna. We know you push the boundaries, but this is ridiculous! Aside from makeup, you literally look like you just got out of bed. Not a good look at all, RiRi.
★☆☆☆☆

YOU
It looks like she woke up and got dressed while she was still half-asleep.
ZIVE ANELISIWE SISU
☆☆☆☆☆



CHARLIZE THERON



ROXANNE
From the tailored trousers to the unbuttoned shirt and red lip, Charlize is a winner in this outfit. Although caramel shoes could have possibly worked better.
★★★★☆

SINENHLANHLA
Not everyone can pull off the all-white-everything look, but if anyone can, it's Charlize. She is the epitome of elegance, and I love how she injected some colour with the red-hot lipstick and black minimalist heels.
★★★★★

YOU
She looks super-sleek and sexy. You can never go wrong with clean, crisp, fresh whites and a gorgeous bold lip. Classy!
CHARNELLE COCO AVONTUUR
★★★★★

Compiled by: Alannah Jones. Pictures: Greatstock/SplashNews.

LoveLoveLove

'These gorgeous heels – inspired by hand-painted florals – are my new wardrobe essential'
Amber Ham, Grazia fashion assistant



GET YOUR ART ON

The intricate detail of these floral-printed heels can only be described as art. Who can wait for winter? We want these babies now! Wild Alice, R449.

Words and styling: Amber Ham.
Picture: Roxanne Lindenberg.



HOW TO BE IN FASHION NOW

APRIL

The time has come to get into our fave jackets and trousers – but not without stocking up on the new season's must-haves. From the shoe equations you have to know to Instagram inspiration, this is what April has in store for you





THE BUMBAG
Asos.com, R225



THE MINI SLING BAG
Zara, R759



THE OVERSIZED SATCHEL
Charles & Keith, R1 199



THE QUIRKY CLUTCH
Mary Katrantzou at Net-a-Porter.com, R52 500

1 IT BAGS

You might have noticed that a bag can be the be-all or end-all of an outfit, so you can't get the finishing touch to your look wrong. This month, take your pick of the It Bags to have for the upcoming season.



THE GLAM CLUTCH
Mimco at Woolworths, R1 299



THE SHOPPER
Accessorize, R999



THE TOTE
Mango, R599



2

GET SOME SELFI

At the latest Mercedes-Benz Fashion Week Johannesburg, we were blown away by Selfi's colourful collection. We just couldn't get enough of the fun and quirky prints on midi skirts and shirts, and models stepping out in ankle socks and Tomy shoes.



3

CLICK FOR INSTA INSPO

Thanks to Instagram, the world of fashion illustration is booming. Old-fashioned pen and paper attracts more likes than ever, and there are some alternative artists posting away. For a creative look at the runways, trends, celebrity looks and more, here are our fave three new discoveries…



@PONYY_BOYY



242k followers

New York-based illustrator Fabio Rosario dedicates his Insta drawings to A-list outfits, with his favourite stars, like Kim Kardashian and Rihanna, often reposting them.





@HANDMADEBY-GIGI



2.5k followers

Gigi Thanawongrat is a graphic artist based in Bangkok, who styles up her own looks – with pieces poached from various designers – in order to create her annotated, computerised fashion plates.











@FLATFORMS

2.3k followers

Created by stylist and consultant Michelle Reneau and designer Kristin Eddington, these little doll-like versions of catwalk looks were recently commissioned for a special project on super-blog Man Repeller.



4







1



2





SUIT UP LIKE A CHAMP

As demonstrated by Marlene Dietrich in the 30s, Diane Keaton in the 70s and Tilda Swinton today, dressing like a boy is one look that stands the test of time. Best-dressed lists – and the runways – are never quite complete without a little something nabbed from the opposite sex. This season's masculine look centres on the louche, lightweight and lightly coloured trouser suit: best worn a bit baggy, with a matching shirt (or no shirt at all!) and flat shoes.

3



4



5







6



7

8



9



10



1. Michael Kors at American Swiss, R4 499
2. Mango, R1 999 **3. Zara,** R759
4. Trenery at Woolworths, R1 299
5. Zara, R459 **6. Foschini,** R225
7. Karen Millen, R2 500
8. Asos.com, R135
9. Accessorize, R999
10. Charles & Keith, R669

5



STEVE MADDEN X IGGY AZALEA

Steve Madden has partnered with the Aussie rapper Iggy Azalea to deliver a capsule collection that features 90s-inspired chunky platforms, sporty neoprene sandals and metallic slides. The award-winning star says the bold colours and silhouettes that define the collection are "a total reflection of me". We love!



R1 399



R1 399



R1 499

WIN! Go to Graziadaily.co.za to win a pair of these shoes

6

SUEDE IT UP



1

All-weather leather's more girlish sister, butter-soft suede, is one of the catwalk's biggest trends for the new season. We've waited and waited for the runway's versatile new friend, and now swathes of the stuff are finally dropping into stores everywhere…

2



3



4



5



6





7



8



1. **Foschini,** R199
2. **Topshop,** R559
3. **Zara,** R759
4. **Carvella at Spitz,** R1 495
5. **Asos.com,** R1 120
6. **Woolworths,** R699
7. **Raphaella Booz,** R3 599
8. **Mango,** R1 999

›

PROTECT WITH SAFETY PRINTS

7

By safety prints we mean the tried-and-tested, reliable all-season patterns: stripes (to be extra safe, navy and white), spots (especially in monochrome), leopard print (just not head-to-toe) and florals (sadly, digi blooms are now out). This line-up contains the new wardrobe neutrals that will go with almost anything – and together. Show us a girl who doesn't like a striped knit with basic jeans and a leopard pump, and we'll eat our clutch bags.

ANIMAL PRINT



All About Eve at Graziadaily.co.za, R350



Foschini, R899



Woolworths, R120



Prada* at Luxottica, R2 960



Witchery at Woolworths, R1 599



Errol Arendz at Graziadaily.co.za, R1 800



Zara, R659

SHOP THIS ITEM ONLINE AT GRAZIADAILY.CO.ZA ADD TO CART

POLKA DOTS



J Crew at Polyvore.com, R735



New Balance at Graziadaily.co.za, R1 399



REDValentino at Net-a-Porter.com, R18 900



Accessorize, R999





Woolworths, R35



Style Republic at Graziadaily.co.za, R320

FLORALS



Zara, R859



Ted Baker, R1 000



Topshop, R889

ONLY R399!



Queue, R399

MEMORISE THESE SHOE EQUATIONS

8

Stealth sneaker or stacked platform, pancake-flat slipper or stiletto slingback – there's nothing that can make or date an outfit faster than the tricky hemline-to shoe ratio. Each season the basic formula is tweaked, but here's how to get it bang-on for autumn.

STRIPES



Zara, R1 399



Mr Price, R60

Country Road at Woolworths, R79





Selfi at Graziadaily.co.za, R580

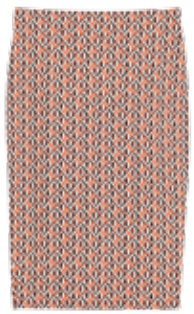


Lily and Lionel at Shop-Label.com, R3 390



Topshop, R829







PENCIL SKIRT + MULES

Skirt, Zara, R249
Mules, Aldo at Asos.com, R1 500



TAILORED TROUSERS + BROGUES

Trousers, River Island, R999
Brogues, Trenery at Woolworths, R1 299



WIDE LEGS + SLIDERS

Pants, Witchery at Woolworths, R999. **Sliders, Madison at Graziadaily.co.za,** R399



A-LINE SKIRT + POINTY SHOES

Skirt, Topshop, R889
Heels, Woolworths, R599

Words: Hannah Almassi. Additional words and styling: Nonkuthalo Thithi. Pictures: Gallo Images/Getty Images; Mondadoriphoto.com; Simon Denier/SDR; Supplied. *Sunglasses model number: PR 08RS TKR-3D0.

MORE FASH, LESS CASH!

Amazing prices that won't make a major dent in your pocket



THE STRAPPY BLUE HEEL
Legit, R200





SHOP THIS ITEM ONLINE AT **GRAZIADAILY.CO.ZA**
ADD TO CART

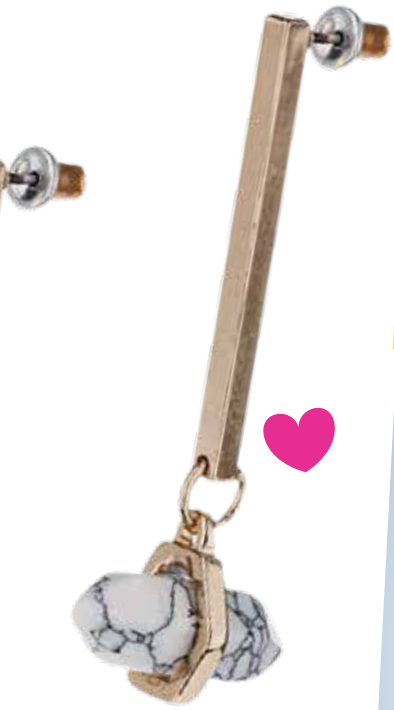
THE FLORAL LEGGINGS
She's Cool at Graziadaily.co.za, R120

THE ANIMAL-PRINT SCARF
Woolworths, R80





THE PRETTY FRILL SOCKS
Cotton On, three for R100



THE SEMI-PRECIOUS EARRINGS
Topshop, R155



THE PINK SUNGLASSES
Next at Graziadaily.co.za, R185

THE BANGLE SET
Mr Price, R30





THE BUCKLED ANKLE BOOT
Foot Focus at Graziadaily.co.za, R265



THE PEACH BLAZER
Mr Price, R160

ONLY R160!





THE RING
Yoins at Polyvore.com, R49

Compiled by: Alannah Jones. Pictures: Supplied.



R549,
Topshop



R120,
Mr Price



R345,
Paramita at
Graziadaily.co.za



R7 845,
Vivienne Westwood
at Farfetch.com



R649,
River Island

TREND ALERT

JAZZY PANTS

LIFE IS TOO SHORT to take fashion too seriously. Enter 2015's must-try trend: jazzy pants. Jazzies give off a quirky and fun vibe and are also hugely flattering as their loose fit and bright and bold prints totally disguise any lumps and bumps.



R649,
Mango



R750,
Fate



R599,
Witchery at
Woolworths



R659,
Zara

Words and styling: Amber Ham. Pictures: Gallo Images/Getty Images; Supplied.

One trench – three ways

Here's how to rock one of the most popular winter items for three very different occasions

DRINKS
Opt for a casual feel with ripped jeans, a white tee and cut-out boots. This is the easiest way to wear the trend.


Topshop, R729


Fossil at Superbalist.com, R2 499


Erato.co.za, R1 299


Rage, R549



Mr Price, R40


Witchery at Woolworths, R2 299


Funky Fish at Graziadaily.co.za, R69

Asos.com, R645


Karen Millen, R2 500


Accessorize, R2 499


Topshop, R929

WORK
Keep it formal for the office – pair your trench with a shirt and printed skirt, but add a twist with a pair of loafers.


'Make this coat your transitional staple'
Nonkuthalo Thithi, *Grazia* junior fashion editor


Lazuli at Graziadaily.co.za, R550


Monreal London at Polyvore.com, R1 735


Nike, R1 199



Mr Price, R50 for set


Ray-Ban* at Luxottica, R1 940

BRAAI
For a braai with friends, go trendy with a pair of sneakers and a visor. Round sunnies will give your look the finishing touch it needs.

Words and styling: Nonkuthalo Thithi. Pictures: Supplied. *Sunglasses model number: 0RB4222_617055.

Just one thing!

In need of an instant update? Slip-on sneaks are the perfect addition to your weekend wardrobe. Wear with jeans or a skater skirt, and you're good to go!





Superga, **R650**



Mimco at Woolworths, **R1 299**



Mr Price, **R120**



Trenery at Woolworths, **R899**



River Island, **R629**



3.1 Phillip Lim at Net-a-Porter.com, **R8 035**



Old Khaki, **R399**



Valentino at Ssense.com, **R10 530**



Words: Kirsty Stoltz. Pictures: Supplied; Gallo Images/Getty Images.


GUESS.COM
ART DIR: PAUL MARCIANO PH: PÜLMANNS
GUESS®@2015
GUESS

BEAUTY CHARTS

Stuff to get

It's all about conditioning and scents on the *Grazia* beauty desk this week

1

SKIN REVIVAL

With seven essential oils and snail gel, Celltone Tissue Oil, R100, improves the appearance of stretch marks and hydrates skin.

2

XOXO

Want a moisturising lipbalm with a tint? Look no further than Lip Ice's Ice Tinted Gloss, R20.

3

A VEIL OF RADIANCE

Cartier's La Panthère Eau de Parfum Légère, from R715, combines floral, woody and fruity accords for a refreshingly sensual scent.

4

FAB FEET

Scholl's Velvet Smooth Electronic Foot File, R400, buffs rough edges and effortlessly removes hard, calloused skin from feet.

5

MANE-TENANCE

Pantene's Repair & Protect Conditioner, R43, works on nourishing and restoring dry, damaged strands from root to tip.

MAKE-UP ARTIST IN YOUR POCKET

Ever wondered how a green liner or plum lippie would look on you, but too scared to try it? L'Oréal's Makeup Genius app is a virtual make-up tester, so you can try various looks out.

Words: Araffa Mpungwe. Pictures: Roxanne Lindenberg; Supplied.

LoveLoveLove



'This light lotion sinks in immediately, so it won't leave you looking grey and dull! It's a winner for all skin types'
Araffa Mpungwe, Grazia beauty editor

JUST ADD YOUR SUNNIES

Dermalogica's daytime treatment moisturiser, Pure Light SPF 50, R895, is one of those magic products. It shields skin from hyperpigmentation caused by broad spectrum UV rays while keeping your face hydrated.

Words and styling: Araffa Mpungwe. Picture: Roxanne Lindenberg.



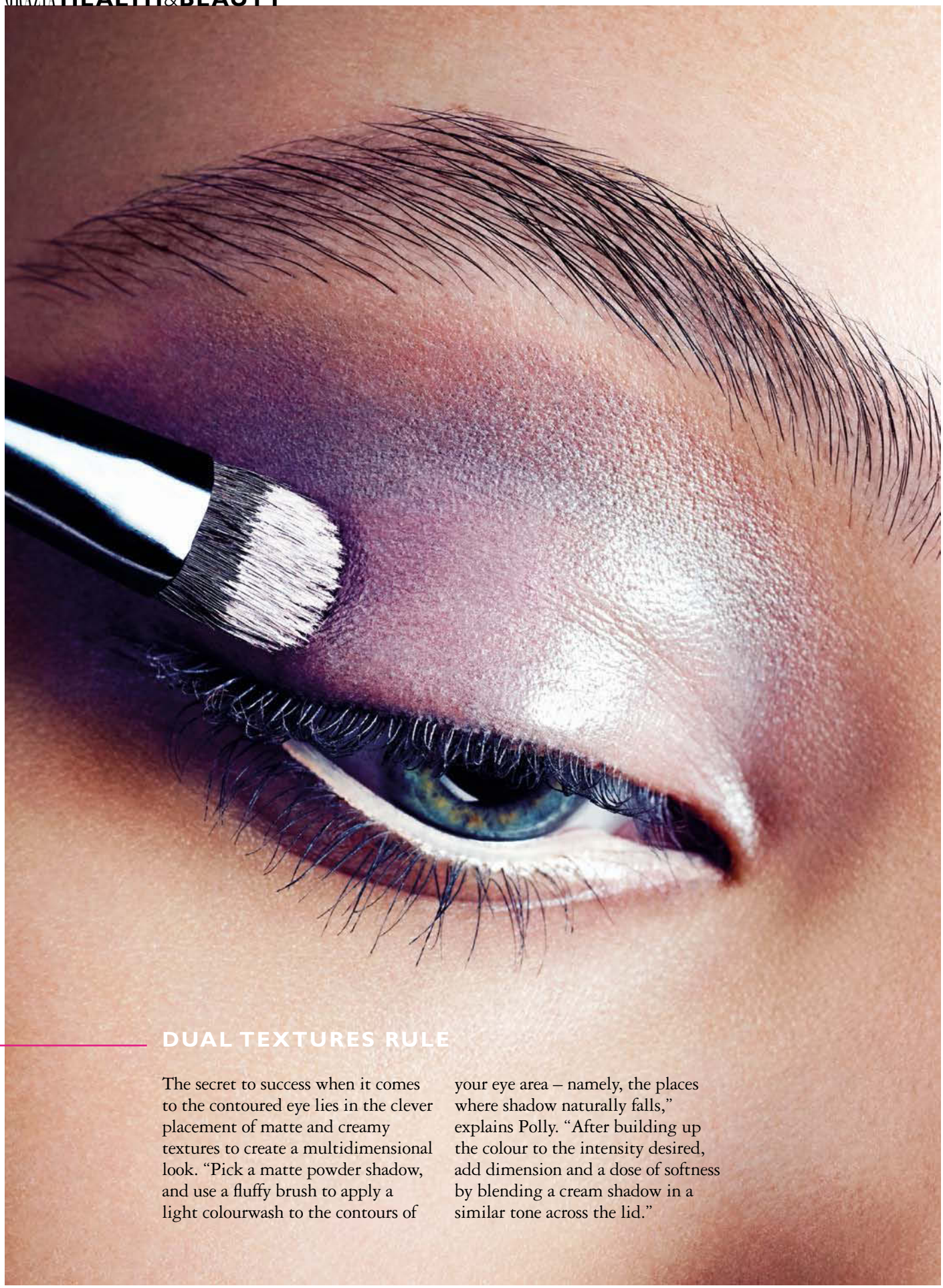
IN BACKSTAGE AREAS EVERYWHERE – from Alexander Wang and Calvin Klein to Gucci and Armani the world's top make-up artists – raved about the transformative powers of the tonal eye this season. Want to know why? "The current penchant for contouring the eye area is unsurprising," says international face painter Polly Osmond. "These taupe and sepia hues suit everyone, and once you have the knack, they can quickly and easily add a soft, natural dimension to the face in a very modern way. It's a trend that's not only great for the make-up shy but can also be paired with a fab red lip for a high-impact finish." Want in? Of course you do. ›



— Anatomy of a trend —

THE CONTOURED EYE

This season's smoky eye arrives in soft-focus sepia tones and minus the traditional black eyeliner – brightening faces and setting a fresh, modern mood



DUAL TEXTURES RULE

The secret to success when it comes to the contoured eye lies in the clever placement of matte and creamy textures to create a multidimensional look. "Pick a matte powder shadow, and use a fluffy brush to apply a light colourwash to the contours of your eye area – namely, the places where shadow naturally falls," explains Polly. "After building up the colour to the intensity desired, add dimension and a dose of softness by blending a cream shadow in a similar tone across the lid."



Adding shadow near the nose lends the illusion that eyes are closer together, while placing it on the outer corners widens close-set peepers

PLAY A TRICK OF LIGHT

While most of us associate pairing a smoky eye with oodles of black liner, please take note that this is *not* the time to whip out your kohl. "Applying stark black pigment next to soft sepia hues would give this look a rather grungy vibe," says Polly. "It is the clean finish and brightening powers of the contoured eye that make it feel so fresh and modern." Instead, apply a sweep of nude, flesh-toned pencil to the waterline to neutralise redness and widen and brighten the eyes further. ❯

Join the club WITH OUR CONTOURED EYE IT KIT...



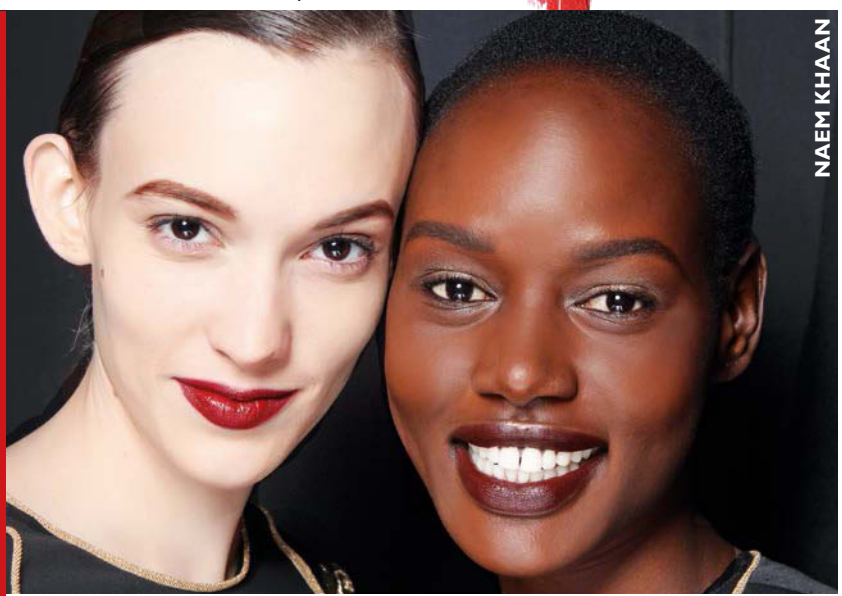
'It is the brightening powers of the contoured eye that make it feel so modern' – face painter Polly Osmond

Words: Rose Beer. Additional words: Araffa Mpungwe. Photographer: Karina Twiss. Additional pictures: Marco Vittur; Supplied.

MATCH *your tone*

You've loved it on Beyoncé, Angelina Jolie and all of the Kardashians – that perfect pout in the ideal shade. But with an overwhelming palette of lipsticks staring at you, which will best complement your kisser? We share how to find the perfect shade for your skin tone

'I think M.A.C Lipstick in Ruby Woo, R195, suits everyone!'
Shahnaz Cola-Wrensch, make-up and hair artist



DETERMINE YOUR SKIN TONE





Fair: Look out for orange-based tones that brighten up your complexion. Coral reds and dark reds with a pink undertone will enhance your features.

1. Estée Lauder Pure Color Envy Sculpting Lipstick in Defiant Coral, R345





Medium to olive: Pick rich colours with blue or warm undertones, from pinks and cranberry shades to brick red.

2. Inglot Slim Gel Lipstick in 60, R169





Dark: Reds with burgundy or brown tones will suit you best. Try clear reds, deep purples and berry lipsticks.

3. Elizabeth Arden Beautiful Color Moisturizing Lipstick in Red to Wear, R220







KEY RULES:

- Try the lipstick out before you buy it. It might check the season trend box, but it won't necessarily work on you.
- Apply lipstick in a well-lit area, or use natural light.
- Remove one colour before applying a new one. Mixing and matching won't leave you with your preferred shade.
- First apply a concealer to get the true colour and a lip primer to protect lips.

WHAT'S YOUR UNDERTONE?

Now that we know the lipstick colour that will complement the different skin undertones, how do you figure out what undertone your skin has? Look at the veins on your wrist. If you see more blue veins, lipsticks with cold pink undertones will suit you best, while green veins indicate that warmer, yellow undertone shades will complement you. Those who see both blue and green have a neutral skin tone and are lucky enough to look good in any colour.

'The way I find the best lipstick for a model on set is to try the colour on their fingertips, as it's the closest colour to their lips. If it looks good, it'll suit them'
Renton Wade, make-up and hair artist

Words: Araffa Mpungwe. Pictures: Mondadoriphoto.com; Marco Vittur; Supplied.

TRESemmé

professional affordable



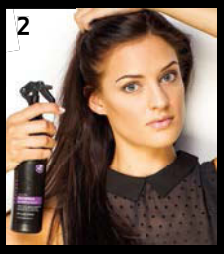
GET RUNWAY-READY STYLE AT HOME.



ROMANTIC CURLS



Shampoo and condition hair with **TRESemmé Moisture Rich** and towel dry. Apply **TRESemmé Volume & Lift Mousse** to damp hair and blow dry.



To dry hair, spritz **TRESemmé Heat Defence Styling Spray** concentrating mainly on the mid-lengths to ends before straightening hair with a flat iron.



Comb the hair into a side parting. Starting at the top, curl your hair with a curling iron, making sure that curls fall in the same direction, in this case downwards. Pin each curl individually for a long-lasting effect.



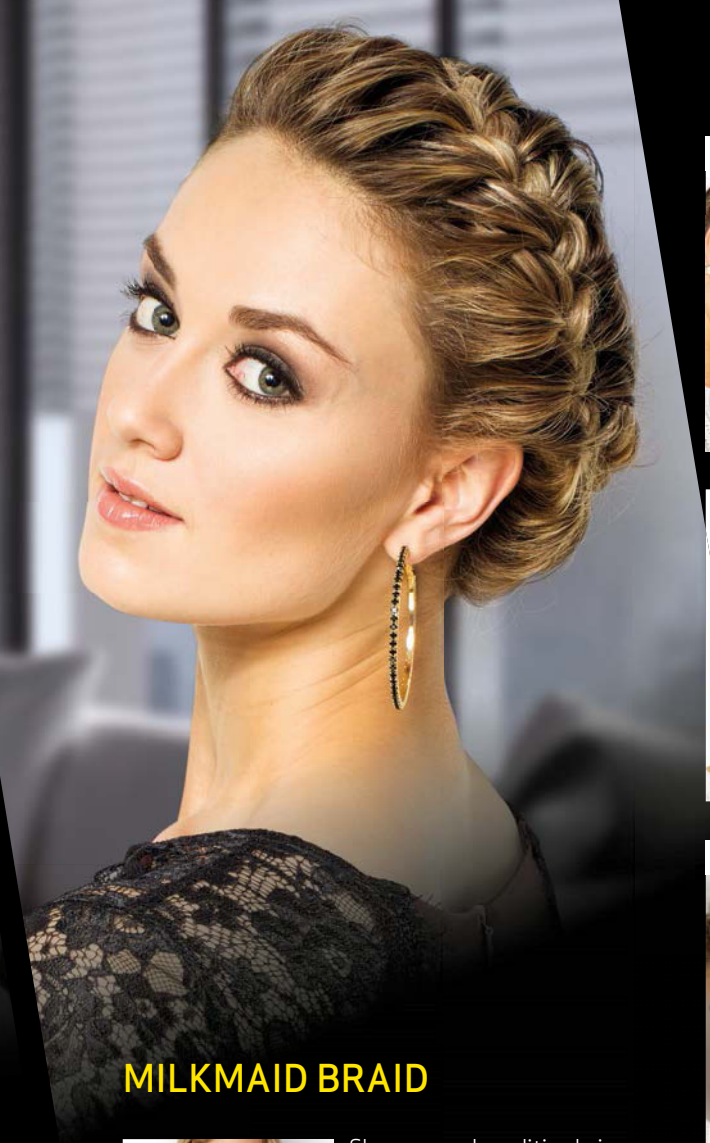
Remove pins. Using a soft bristled brush, comb the hair through in order to blend the curls and create soft looking romantic curls.



To finish off the style, use **TRESemmé Oil Elixir** for extra shine and smoothness.

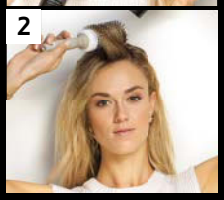
PERFECT IT! SHARE IT!

#TRESemmeDIY



MILKMAID BRAID

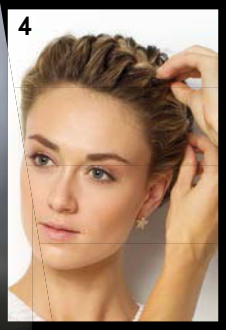




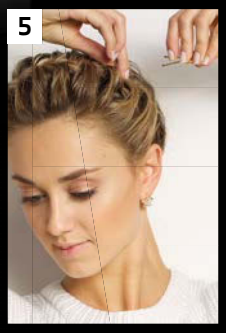
Shampoo and condition hair with **TRESemmé Naturals Nourishing Moisture**. This range is a lower sulphate, silicone-free alternative to our everyday products. To damp hair, spray **TRESemmé Heat Defence Styling Spray** to mid-lengths and ends of your hair and blow-dry.



Spritz **TRESemmé Extra Hold Hairspray** to avoid flyaways (don't spritz too much). To create this braid, start at the nape of your neck just behind your ear, working a French braid up and around the forehead and 360 degrees to the back where your braid begins. Fasten the braid with an elastic band.



To create a thicker appearance, loosen the elastic slightly and gently pull the braid apart.



Secure the braid with bobby pins where necessary.



Finish with a spritz of **TRESemmé 24 Hour Body Finishing Spray** to keep the hair in place.











STAND A CHANCE TO

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AND SHOW OFF YOUR SALON GORGEOUS HAIR.

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- *Perfect your favourite style.*
- *Upload a photo of it using #TRESemmeDIY*

Ts and Cs: 1. Competition starts 1 February 2015 and closes 31 March 2015. 2. Winners selected by the promoter by 5th of April 2015 and are based on set criteria. 3. Competition open to SA citizens with a valid Identity Document over the age of 18 years. 4. Promoter will contact the winner to arrange prize. 5. For full Ts and Cs log on to www.facebook.com/TRESemmeSA.

VERVE T135062201

GET SALON GORGEOUS HAIR EVERY DAY

NATURAL HAIR CARE

Solange Knowles, Janelle Monáe and Esperanza Spalding (to name a few) are flaunting their latest hairdos. Hint: the bigger, the better. Here's how to get your hair healthy and ready to shape





MAINTAIN A HEALTHY SCALP: The scalp, the base of your head, is where nutrients feed directly into the hair follicles to make each and every strand, from root to tip, extra strong and healthy. Nourish your scalp, roots and locks with moisturisers and creams. Schwarzkopf Smooth 'N Shine Nourishing Hair Food, R36; Mizani Moisturefuse Moisturizing Conditioner, R167

USE FEWER HEAT-STYLING TOOLS: Straightening hair here and there is fine, but opt for old-school rollers and towel drying for everyday styling – as these put less stress on hair, which means less breakage. Cloud Nine The O Rollers, R265 for four

ONCE-A-WEEK TREAT: We're not saying you have to go to a salon once a week, but treat your hair. A 20-minute or overnight mask once a week will strengthen it. A little pampering is always fun! Dove Intensive Repair Deep Repairing Treatment Mask, R53; Sunsilk Damage Reconstruction Intensive Treatment Mask, R37

PRODUCTS WITH ESSENTIAL OILS ARE A+ FOR HAIR: Natural hair bonds are curly, and curly hair is the driest hair type, so look out for products that are infused with olive oil, monoi oil or shea- or cocoa butter – these work on keeping hair hydrated. Don't overdo it though, as too much can make hair weaker. Tresemmé Oil Elixir, R120; Moroccanoil Dry Scalp Treatment, R330

WANT THICK AND HEALTHY HAIR? STAY AWAY FROM THAT HAPPY-HAIR ENEMY: YOUR COMB If you're going to comb your hair, wet it and spray it with a moisturiser, and use your fingers or a wide-toothed comb. This prevents breakage and detangles hair naturally.



Mizani Moisturefuse Moisturizing Conditioner, R167



Lush R&B Hair Moisturiser, R195



Dove Intense Repair Deep Repairing Treatment Mask, R53



'Protect your hair against dryness with a protective style. After washing, plait your hair down' – Denise Khoele, Grazia designer

Words: Araffa Mpungwe. Pictures: Gallo Images/Getty Images; Mondadoriphoto.com; Supplied.

What's new
BEAUTIFUL?

Join the new MAUVE-MENT

WONDERING WHERE all the nail trends have gone? While the end of summer might be lacking in one definitive style, here at *Grazia* we've identified what we believe is set to become the stealth hit of 2015. Forgive us for wanting to call yet *another* colour "the new black", but mauve is exactly that. As well as flattering all skin tones, this little-known pale-purple shade also gives the effect of longer, slimmer fingers. Hot off the runways of Burberry and Badgley Mischka, mauve is a happy medium between pretty pastel and sophisticated nude. Forget intricate nail art and layers of glitter – the only nails for now are neat, round and most certainly mauve.

Mauve has warmth and is still on the darker side of the colour spectrum, so it's an easy transition between summer and the season ahead



1. Dior Vernis Nail Polish in Lady, R345
2. Avon Magic Effects Colour Attract in Lavender Lure, R83
3. Chanel Le Vernis in Tenderly, R355 **4. O.P.I Nail Lacquer in Hello Hawaii Ya?,** R199
5. Woolworths Nail Polish in Hello Mallow, R30 **6. Revlon ColorStay Longwear Nail Enamel in Vintage Rose,** R110
7. Essie Nail Polish in Lilacism, R100
8. Mavala Mini Nail Polish in Ginza, R68
9. Sally Hansen Complete Salon Manicure Nail Polish in Plum's the Word, R99

Words: Daniela Morosini. Additional words: Araffa Mpungwe. Pictures: Marco Vittur; Supplied.

WHAT NOT TO DO BEFORE YOUR PAP SMEAR



7 THINGS YOUR DOCTOR WISHES YOU KNEW...

Routine health checks are never fun. Add a bright light, magnifying glasses, tools and a gynae and we're sure there are a million things you'd rather be doing. Here's the low-down on what not to do for your next, or first, test…

Dr Thandi Mtsi is a gynaecologist and obstetrician at Netcare Parklane Hospital in Joburg and Dr Mary Stewart is the acting medical director at Family Planning NSW in Australia

1 AVOID VAGINAL INSERTS, douches and intercourse 24 to 48 hours before your appointment, and don't use creams or medication beforehand. "Avoid all of the above as they disrupt the normal vaginal environment and can alter your test results," says Dr Stewart.

2 A NORMAL BATH OR SHOWER IS SUFFICIENT. There is no need for vaginal precleansing prior to your pap smear. "Don't over wash as it's not healthy," says Dr Mtsi.

3 YOU DON'T HAVE TO SHAVE, WAX OR VAJAZZLE. Making it look pretty down under will not impress your doctor. "This is irrelevant to us, and there is nothing to be shy about – we've seen everything before," says Dr Mtsi.

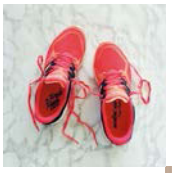
5 BE PREPARED TO SPEND SOME TIME. Your doctor will have a couple of questions to ask and forms for you to fill in before the test. "Even though it's a short procedure, it does take a bit of time," says Dr Stewart. "It's also a good opportunity to ask about other reproduction and sexual health issues. Let the receptionist know you're booking for a pap test."

6 MAKE SURE YOU LET YOUR DOC KNOW IF IT'S YOUR FIRST PAP SMEAR TEST or if it feels uncomfortable – they'll be able to tell you if what you're feeling is normal. "I wish women would tell us if they had difficulties with pap smears before as there are things we can do to make sure they are a little bit more at ease," says Dr Stewart.

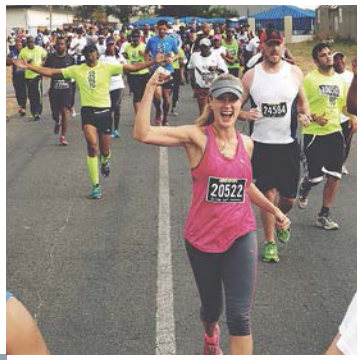
7 RELAX! There is no need to worry or overthink things. "You have to go for a pap smear if you've been sexually active for at least two years," says Dr Mtsi. "The point is to try to find any sexually transmitted diseases, cancer or other problems associated with intercourse."

WHAT IS A PAP SMEAR TEST?
It's a highly effective means of detecting any cell changes, cervical cancer and cervical abnormalities, such as the HPV virus, which if left unchecked can be very dangerous. Annual checks are highly recommended.

Words: Araffa Mpungwe. Picture: Shutterstock.





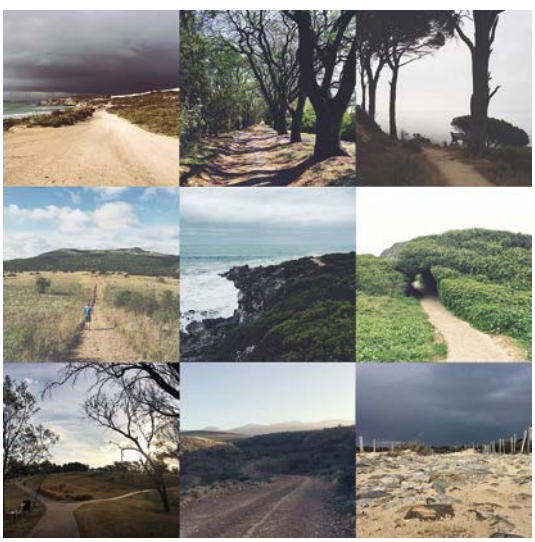






Health & Self

Scroll through runner/blogger Misha Coetzee's Instagram feed (@brandslut) and you'll suddenly feel inspired to recharge your mood, routine and life. Araffa Mpungwe, Grazia *beauty editor, chatted to her about health and fitness*







Pictures: Instagram.com.

TELL US A BIT ABOUT HOW YOU TRAIN – FOR EVERYDAY HEALTH AND MARATHONS.
At the moment my running training and my everyday health aren't mutually exclusive. I generally try to eat well, and I follow the *Runner's World* half- and full-marathon training plans. On Mondays, Wednesdays and Fridays I follow Kayla Itsines' Bikini Body Guide workouts (Kaylaitsines.com.au/guides/). They're great, because they last 28 minutes – and everyone can find 28 minutes to exercise.

HOW DO YOU MOTIVATE YOURSELF TO EXERCISE WHEN YOU'RE TIRED?
I tell myself that I'll feel fine as soon as I start exercising – and that's the truth; you always do. Music also helps to get me in the mood. That, and imagining what my future bum will look like if I go for that run!

WHAT TYPE OF EXERCISE DO YOU LIKE?
I like exercising outdoors, so I do road running, trail running and try to work out on the roof of my gym, Alice Lane in Sandton – it's breathtaking.

WHAT'S ON YOUR IPOD WHEN YOU TRAIN?
When I run I listen to podcasts, including the Runner Academy, Freakonomics radio, This American Life and The Moth. My gym workouts are set to an exercise mix I've created on SoundCloud.

FAVOURITE EXERCISE APPS?
Nike Plus is the only exercise app I use. I'm a bit of a zen runner and don't like to monitor the heck out of my workouts.

YOUR FAVOURITE HEALTHY-TREAT MEAL?
My favourite healthy treat has to be my famous protein date balls, made with carob, almond butter and coconut.

ANY ADVICE FOR THOSE TRAINING FOR THEIR FIRST 5KM RUN?
Sign up and then tell everyone who matters that you're doing it. That is pressure enough to get out of bed and run. Then find a 5km training plan online – and stick to it. ■

WEEK IN

CULTURE INTERIORS TRAVEL FOOD

WEEK OUT



1

CHECK OUT

CONNELL CRUISE ON TOUR

With his sophomore album on the way, pop sensation Connell has embarked on his first ever tour of South Africa thanks to the support of the Barnyard Theatre. If you haven't had the chance to listen to him live, we suggest you make a plan soon. *Now until April 25, Barnyardtheatre.co.za*



2

DON'T MISS

MOZART IN THE JUNGLE

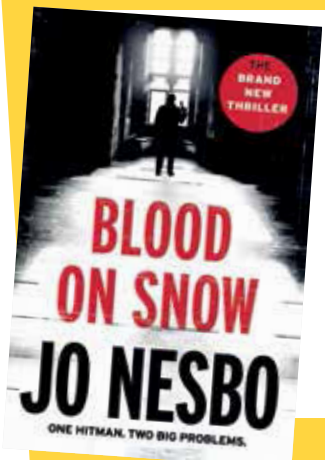
If you thought the world of classical music was dullsville, think again. For up-and-coming oboist Hailey (Lola Kirke), life as part of a symphony orchestra is just one non-stop party – especially when hot new guy Rodrigo (Gael García Bernal) arrives. *Season one starts April 3, 9.30pm, M-Net Edge*

3

READ

JO NESBO'S *BLOOD ON SNOW*

Crime fiction lovers will already be familiar with Jo's Harry Hole series. The time has come to meet Jo's latest protagonist, a hit man/fixer called Olav. A man who can't help but fall hopelessly in love with a married woman (his boss' wife, to be exact). Worse still, she's the target of his next paid hit. *Out now, R250, Penguin Random House*





4

WATCH

FURIOUS 7

Even though Paul Walker tragically passed in 2013, his memory lives on in the seventh instalment of the mega *Fast & Furious* franchise. This time round, Vin Diesel, Jordana Brewster, Dwayne Johnson and Michelle Rodriguez are joined by Jason Statham – a man looking to avenge the death of his brother. *Opens April 3*



5

GET YOUR SHOP ON AT

THE PARKVIEW SATURDAY MARKET

As far as we're concerned, the more places there are to shop fresh organic produce and sweet home-made crafts there are in a city, the better. *Jozi's latest addition can be found on the roof of the Parkview Centre every Saturday morning from 8.30am to 1pm*



6

SET THE PVR FOR

NCIS: NEW ORLEANS

If procedural crime dramas are your thing, then you definitely don't want to miss the latest addition to the *NCIS* family. This one sees Scott Bakula (left) take the lead as Senior Special Agent Dwayne Cassius "King" Pride alongside Lucas Black and Zoe McLellan.
Season one starts April 2, 8.30pm, M-Net



7

DOWNLOAD

BARDO

After releasing their debut album, *Smoke Swig Swear*, for free download in 2013, the Cape Town-based rockers Beast relied on the kindness of fans, friends and family to make their signature bass-less rock 'n roll second offering a reality.
Soundcloud.com/beast_band



8

LISTEN TO

GRIMES' LATEST HIT

Even though it's a lost track from her scrapped follow-up album to 2013's *Visions*, we couldn't be happier that Grimes decided to share the super fun electro jam *Realiti* with the world. The tripped-out behind-the-scenes footage of her tour to Asia as the music video is pretty awesome too, and has us wanting more. ***Soundcloud.com/actuallygrimes***

9

DO YOUR PART WITH

BETTER SA

Better SA does intend to expand its volunteer services across the country in the future, but those looking to make a difference now can show up at the departure hubs in Illovo, Broadacres or Roodepoort to donate their time to kids and senior citizens in need. ***April 4, Bettersa.org***





10

GO SEE

CINDERELLA

In the live action 21st-century version of Disney's classic, Ella (Lily James, pictured) doesn't sit around waiting for her Prince Charming (Richard Madden). She takes matters into her own hands with a little help from her ditzy fairy godmother (Helena Bonham-Carter).
Opens April 3

Words: Guinevere Davies. Pictures: Raphael Oullet; Gallo Images/Getty Images; Jesse Pearse; UIP.

10 QUESTIONS

So, these are the questions you need to ask to really get to know someone. We found out that ballsy Cape Town stand-up comedienne Angel Campey doesn't take questions seriously and really knows how to make us laugh

WHO ARE YOU CLOSEST TO?
President Jacob Zuma. See, I live right next door to Parliament, so he's very close to me…

WHAT IS YOUR EARLIEST MEMORY?
When I was very little my mother was brushing my hair when we noticed a fairy in the tree outside. It was a little flashing light the shape of a human that moved around. True story; it was the most magical thing *ever*.

WHAT IS YOUR BIGGEST FEAR?
The zombie apocalypse starting on Halloween. Imagine how many trick-or-treaters who think it's just a costume they'll take down…

RELAXATION IS…
A cocktail on a tropical beach with cabana boys dancing in front of me, *Magic Mike*-style.

WHAT DO YOU VALUE MOST IN A PARTNER?
A pulse is a good start. Secondly (because I'm a stand-up), he obviously needs to have a sense of humour. I like to look up to my men, and I'm pretty tall. That about covers it: 1) alive, 2) funny, 3) vertically gifted and 4) Argentinian (bonus point).

WHAT ARE YOU BEST AT DOING?
I'd say my superpower is being able to find the humour in any situation. Anything worth taking seriously is worth making fun of.

TELL US SOMETHING ABOUT YOU THAT WILL SHOCK US…
If I hold a live wire – that will shock you! Although, with Eskom's shenanigans lately, this can't be promised…

WHEN DID YOU LAST FEEL REALLY HAPPY?
Whenever I'm on stage telling jokes (and people are laughing) – the happiest feeling in the world. I'm lucky to get that fix a few times a week.

WHAT IS YOUR GREATEST REGRET?
Not being born a billionaire.

WHAT WOULD YOU CHANGE ABOUT YOURSELF / YOUR LIFE?
I'd own a genie. Not for the wishes – for the company. And Disney songs.

Find out more by paying a visit to Yesreallyangel.com



Words: Guinevere Davies. Picture: Supplied.



HERE COME THE LONG WEEKENDS!

How to rock your look at every party, braai, drinks with the girls and family lunch.

GET THE LOW-DOWN IN NEXT WEEK'S ISSUE

GRAZIA SOUTH AFRICA

Picture: Jurie Potgieter.

YOU NEED TO WATCH:

Inherent Vice



Amid a sea of critically acclaimed actors – including Joaquin Phoenix, Reese Witherspoon, Jena Malone and Josh Brolin – indie music darling Joanna Newsom makes her mark as the sweet stoner pal to Doc Sportello, a weed dealer-turned-private investigator, in the tripped-out adaptation of the cult Thomas Pynchon novel

YOU HAVE SO MUCH ACCLAIM FROM THE MUSICAL PART OF YOUR CAREER AND THIS IS YOUR FIRST MOVIE. DID YOU EVER ASK WHY [DIRECTOR] PAUL THOMAS ANDERSON CHOSE YOU?

I wish I had asked, but I didn't, and he never really gave me any indication. He said at one point that he liked my voice. [Laughs.] So maybe it's that.

CAN YOU TALK ABOUT YOUR CHARACTER, SORTILÈGE? DOES SHE REALLY EXIST? ARE WE SUPPOSED TO THINK THAT?

Well, like so many things in this movie, I don't think you're supposed to necessarily believe any one thing. I love that Paul left it kind of ambiguous. I definitely believed in her, so if you ask me, she's as real as they come. I think it's one of several really wonderful magical realism touches throughout the movie. And, of course, the obvious thing is that the abstract omniscient narrator from the book has been added to the film's expanded version of Sortilège. She isn't just a semi-mystical stoner pal of Doc's; she actually has visions, and she can see inside the other characters' lives and can sort of see the action from above. So, without a doubt, there's something mystical about her, possibly magical.

WHAT WAS IT LIKE WORKING WITH JOAQUIN PHOENIX, WHO PLAYS DOC IN THE FILM?

I think I got overwhelmed before shooting those scenes with him. I was definitely nervous. I was scared that my lack of experience and my untested ability as an actor would

actually drag him down, distract him, pull him out of the action. That was my big fear – that I would waste everyone's time on set that day. I was very nervous.

But everybody was so welcoming and gracious, and the set itself felt very safe and protected. It was a space where it was okay to mess up. Comfort and ease flowed from the way that Joaquin approached what he was doing and the way he spoke with me between takes and sort of acted like he just didn't know what he was doing, either. [Laughs.] That's what he said. I said, "I don't know what I'm doing." And he's like, "None of us knows what we're doing. Every time I go on set, I feel like it's the first time." I think he was saying it in a self-deprecating way, but, in fact, I think it's a miraculous thing that this incredible actor is really approaching it as a new experience every single time – just completely vulnerable and open and present.

WHAT'S YOUR FUTURE WITH MUSIC, AND WHAT'S YOUR FUTURE WITH ACTING?

Making music for me is a form of storytelling. I get to play characters that I don't get to play as an actor; writing a song about a four-year-old boy or an 80-year-old woman, I get to step into different skins. I don't really have any plans. It's just continually playing and telling stories. I'll tell the story however it needs to be told, whether it's music or film or theatre or interpretive dance. [Laughs.] You really just have to respect the process instead of the product.

AND WILL YOU BE LOOKING FOR MORE FILMS OR TV?

I'm certainly open to it. I would work with Paul again in a heartbeat. That would be a dream. And I'm sure there are other things I would love to do, but I'm not looking to change my career.

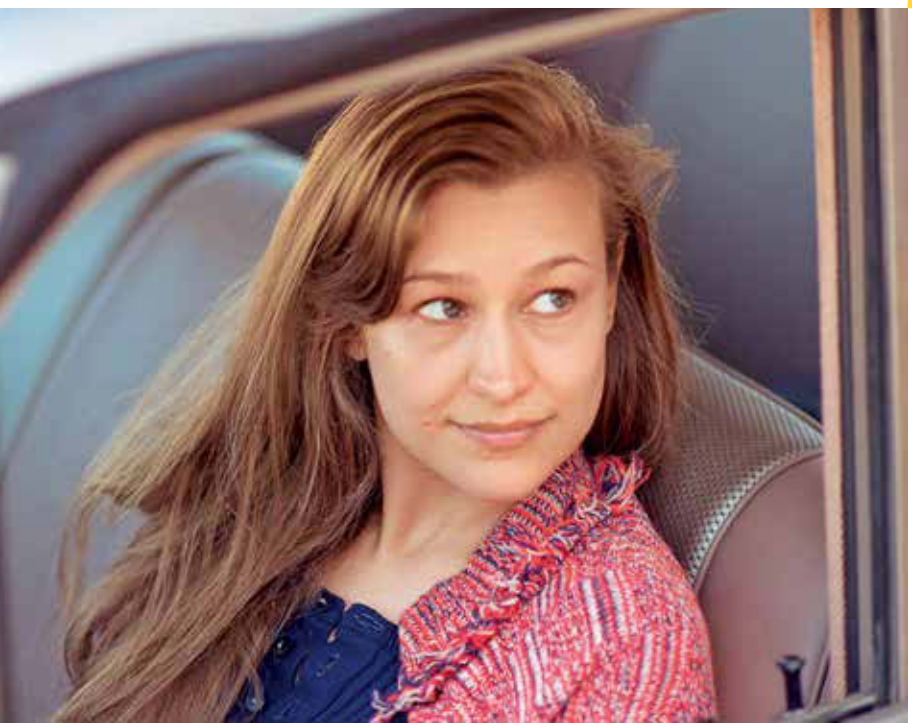
ARE YOU GETTING READY FOR ANOTHER TOUR?

I hope so. Nothing's confirmed yet, but I'm hoping to cook something up soon. ■

Inherent Vice *opens on circuit on April 3*

Joanna Newsom, pictured with husband Andy Samberg (below), holds her own on screen with co-star star Joaquin Phoenix in *Inherent Vice*





FIVE THINGS YOU NEED TO KNOW ABOUT JOANNA NEWSOM

1 **SHE'S AN AMAZING SINGER/SONGWRITER AND HARPIST,** with three critically acclaimed albums under her belt and a fourth rumoured to be on its way.

2 **SHE'S MARRIED TO FUNNY MAN ANDY SAMBERG.** The pair dated for five years before tying the knot in Big Sur, California in 2013, and the bride wore custom Zac Posen.

3 **SHE HAS GUEST-STARRED IN AN EPISODE OF *PORTLANDIA*.**

4 **JOANNA WASN'T ALLOWED TO WATCH TV OR LISTEN TO THE RADIO GROWING UP**, but her parents let her take harp lessons from the age of five. She's never owned a CD player or iPod.

5 **SHE ALREADY HAS HER OWN TRIBUTE ALBUM**, with covers of her songs by M. Ward, Billy Bragg and SA's very own Guy Buttery recorded in 2010 and released as a digital download by Oxfam with proceeds going to aid victims of the Pakistani flood that year.

Words: Guinevere Davies. Interview supplied by: Times Media Films. Pictures: Gallo Images/Getty Images; Nu Metro.

Let's take a drive

This year, the Easter weekend falls over one of the last few weekends before autumn's chill really hits. We'll be taking a drive out of the city to explore our beautiful country. A long weekend away (but not too far from home) is the perfect salute to the end of summer, so why not pay one of these little spots a visit? We'll see you there!







Cape



SUIKERBOSSIE COTTAGE, RIEBEEK-KASTEEL

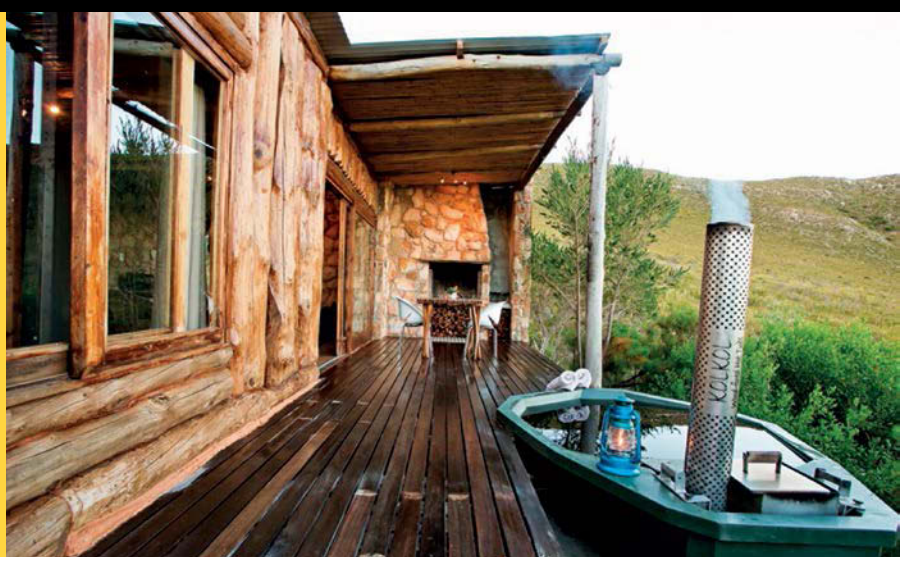
We love the old farm-style wraparound stoep of this cottage – it's perfect for braais and seeing in the last of the warm summer evenings. If you feel like exploring the Riebeek Valley, we highly recommend a pit-stop at Café Felix (Cafefelix.co.za). Hearty country cuisine is its specialty, and its slow-roasted pork belly is heavenly! Then head back to Suikerbossie Cottage for a dip in its splash pool to help you ease into the town's slow pulse. You're a month early for their annual olive festival, but hey, as it's just an hour's drive out of Cape Town, what's to stop you from coming back?

082 787 8027 / Capestay.co.za/suikerbossie

KOLKOL MOUNTAIN LODGE, BOTRIVIER, OVERBERG

With a spectacular setting overlooking the Babylonstoren Mountains and an expansive fynbos valley – nothing can quite prepare you for the beauty of this mountain lodge. "Logging in" to these Canadian-style log cabins means listening to the sounds of nature while enjoying a glass of fine local wine. A 3km circle trail through the mountains with a picnic for halfway is the best way to enjoy the scenery that the region has to offer. Be sure to take your camera as you're bound to spot many indigenous bird species.

Kolkol.co.za

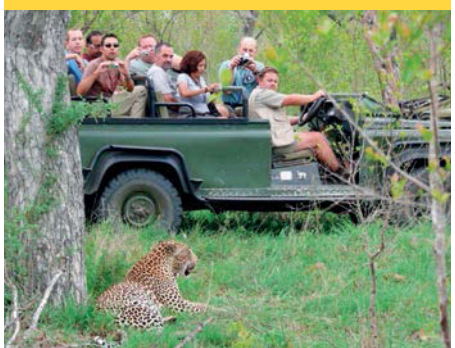


Gauteng & Limpopo

BROOKWOOD ESTATE, GAUTENG
This idyllic retreat is nestled in the Cradle of Humankind and is only an hour's drive from both Joburg and Pretoria. If you're into fishing, its five well-stocked dams will certainly excite you. We're talking excellent yellowfish fishing in the Blaauwbank River and some of the largest rainbow trout in its dams in Gauteng! Otherwise, pack a picnic, and settle into one of the retreat's manicured picnic sites for the afternoon while you enjoy the vista of the Magaliesberg Mountains.
Brookwoodtroutfarm.co.za



MONATE GAME LODGE, MODIMOLLE, LIMPOPO
Yes, we could totally "rough" it in the bush if we wanted to, but with Monate just a two-hour drive from Joburg, why would we? Home to three of the Big Five (rhino, buffalo and leopard) as well as giraffe, hippo, zebra and a large variety of antelope, it is a bushveld gem. The four-star lodge has 26 modern double rooms and an all-day coffee station (score!). If you fancy a little outdoor experience, you could always have dinner in its 300 000-year-old cave overlooking the reserve and a popular waterhole. After dinner, get a fantastic night's sleep wrapped in superior quality linen. Bliss.
Monatelodge.com





KZN





GOX HILL TROUT LODGE, HIMEVILLE, UNDERBERG
Set on a working farm in the Drakensberg, this lodge is a mere few hours' drive out from Durban. Settle into a number of its campsites or one of its two self-catering cottages, each equipped with everything you'll need for a tastefully traditional braai. This particular farm is home to the largest lake in the Underberg area, and with the Polela River running through it, there's a very healthy stock of wild trout ready for fishing. With a golf course just ten minutes away and cycling trails running through the farm along the beautiful river, this is an ace weekend away for anyone with a bit of an adventurous side.
Goxhilltroutlodge.co.za

ROCKY BAY RESORTS, SCOTTBURGH
Just an hour's drive out of Durban, this resort is the ideal spot to spend the last days of summer – it's surrounded by KwaZulu-Natal's golden beaches, indigenous forests and rolling hills. The area's activities of snorkelling, jet skiing, mountain biking and nature trails will keep both the young and old entertained. There's even a little retail therapy to be explored in the nearby village of Scottburgh – should you feel the urge!
Rockybay.co.za





Words: Sinead Martin. Pictures: Supplied.

HOT CROSS BUN *pudding*

Okay, so we know hot cross buns are available pretty much all year round but Easter's the only time we manage to eat them guilt-free. Sam Linsell's genius hot cross bun pudding practically hopped into our lives and will certainly be appearing on our Easter tables next weekend (and probably on many other occasions, too!)



HOT CROSS BUN PUDDING WITH CHOCOLATE AND ORANGE

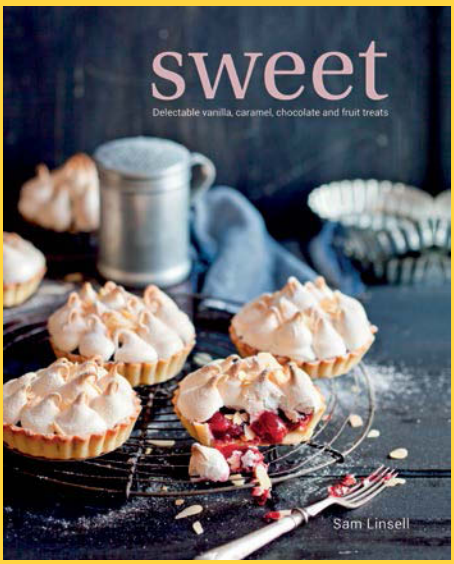
Serves 6-8

500ml fresh cream
300ml milk
1 vanilla pod, split and seeds scraped (or 5ml vanilla extract)
4 whole free-range eggs
160g granulated white sugar
zest of 1 orange
60ml of fine brandy (this is optional)
6-8 hot cross buns
50g dark chocolate (70 percent cocoa), chopped
icing sugar, for dusting

1. In a large saucepan, bring the cream, milk and vanilla pod and seeds to the boil. (A large saucepan is necessary as things become quite bubbly later.)
2. In the meantime, beat the eggs and sugar until fluffy and doubled in volume.
3. When the cream and milk have just reached boiling point, remove the pod and slowly add the egg mixture while whisking over a low heat. Continue to whisk for 10 minutes until it just starts to thicken into a custard. Add the orange zest and brandy, if using.
4. Cut the hot cross buns into 3 slices horizontally. Pour about half of the custard into a large baking dish (about 1,5-litre capacity). Place the bottom bun slices into the base of the dish and dunk them under the custard, making sure they are well soaked. Sprinkle over the chocolate pieces. Then take the middle slices of hot cross bun and tear them into chunks. (I find this a more effective way for the buns to absorb the custard.) Pat these down on top of the chocolate. Pour over the rest of the custard, and arrange the upper thirds of the buns on top. Gently submerge them, but leave the tops visible on the surface.
5. Leave this to stand for at least 30 minutes, so that the custard is absorbed into the buns. You could prepare this several hours in advance and keep it in the fridge until needed. Just bring it to room temperature before you bake.
6. Preheat the oven to 180°C. Place the baking dish into a deep baking tray, and fill this with hot water to about halfway up the sides of the baking dish. (This acts as a water bath in which to bake the pudding and is a better way to bake custard desserts.)
7. Bake for about 45-60 minutes until the custard has set. If the top starts to over-brown, loosely cover with a piece of aluminium foil about halfway through baking time.
8. The pudding should be firm with a little wobble in the middle. Leave it to stand for 10-15 minutes, and dust with icing sugar before serving.

Words: Sinead Martin. Recipe extracted from *Sweet* by Sam Linsell (Struik Lifestyle). Pictures: Supplied.

'Use a very good quality dark chocolate with 70 percent cocoa solids!'
– Sam Linsell



Sweet is food stylist Sam Linsell's latest contribution to the culinary world, and when a recipe book's contents page lists "vanilla, caramel, chocolate, fruit" and "more sweet" you know it's a good buy. You may already know her blog, Drizzle & Dip (Drizzleanddip.com), and if you don't, we can't understand what you're waiting for…

Old-world charm



Decor guru naQiyah Mayat of Living Luxe tapped into the crafty side of our imagination with this Easter table setting, reminding us that the holi has so much more decor potential than just pastel bunnies. Plus, it needn't cost too much

BUDGET FRIENDLY

There's no need to purchase expensive table decorations; naQiyah's centrepiece cleverly uses fresh produce to carry through the colour palette: red pomegranates, beetroot, purple aubergine, figs, black lettuce and darkened wood.

EVOCATIVE DECOR

"This tablescape is heavily influenced by the spiritual notion of breaking bread together.

"The palette includes traditional colours associated with Easter: red for celebration, purple for spirituality, white for purity, black for mourning and gold for value."

TOP TIPS

You don't need to buy everything – there are places where you can hire quality items. naQiyah suggests:
In Good Company
Ingoodcompany.co.za
Exclusive Hire
Exclusivehire.co.za
The Table Cloth Hiring Company
Tableclothhiring.co.za
Crystal Couture Crystalcouture.co.za
Propstars Propstarsevents.com
"Remember to balance your workload. If you're setting an elaborate table, you may need to order in your dessert or get someone else to do your baking or make you a delicious salad."

Words: Sinead Martin. Pictures: Saaleha Bamjee; Supplied.







FEELING INSPIRED?
Check out Living Luxe for more crafty projects! Niqi.co.za

GET THE LOOK



Woolworths, R46



Mr Price Home, R160



@home, R199 for set



Simply House, R130



In Good Company, R75



Country Road at Woolworths, R249 for set



Weylandts, R1 295



@home, R229



Mr Price Home, big ball, R99, small ball, R79



@HOME Home.co.za **ACCESSORIZE** 011 884 4644 / 021 447 7718 **ADIDAS** 021 442 6200 / 021 551 1425 **AMERICAN SWISS** 021 938 1966 **ASOS** Asos.com **AVON** 0860 102 345 / Avon.co.za **BABATUNDE** 011 888 9667 **BOBBI BROWN** 011 684 1289 / 021 418 8188 **CARTIER** 011 666 2800 **CELLTONE** Celltone.co.za **CHARLES & KEITH** 0860 104 764 **CK** Redsquare.co.za **CLARINS** 011 809 6300 / Clarins.co.za **CLICKS** 0860 254 257 **COTTON ON** 011 784 0214 **DERMALOGICA** Dermalogica.co.za / 011 880 0384 / 021 418 0789 **DIS-CHEM** 0860 347 2436 **EDGARS** 0800 203 925 / 0860 692 274 **ELIZABETH ARDEN** Elizabetharden.co.za **ERATO** Erato.co.za **ESTÉE LAUDER** 011 516 3000 / Esteelauder.co.za **FARFETCH** Farfetch.com **FATE** 021 674 1030 **FOSCHINI** 0860 104 764 **GOSH** Redsquare.co.za **GRAZIA SHOP** Graziadaily.co.za **IN GOOD COMPANY** Ingoodcompany.co.za **INGLOT** Inglotsouthafrica.com **JIGSAW** 011 447 0974 **KAREN MILLEN** 011 784 2937 **L'ORÉAL** 0860 102 491 **LEGIT** 0800 203 925 **LUSH** Lush.co.za / 021 418 4150 / 031 584 7570 **LUXOTTICA** 021 486 6100 **M.A.C** 011 516 3000 **MANGO** 011 783 7907 / 021 418 0916 **MIZANI** Everythinghair.co.za **MR PRICE** 0800 212 535 / Mrp.com **MR PRICE HOME** Mrphome.com **NET-A-PORTER** Net-a-porter.com **NIKE** 011 256 0700 **OLD KHAKI** 021 464 5800 **POLYVORE** Polyvore.com **PRINGLE** 011 444 2270 **QUEUE** 021 531 5450 / Queueshoes.co.za **RADLEY LONDON** 011 450 1156 **RAGE** 011 063 0000 **RIVER ISLAND** 011 214 7781 **SCHOLL** 0860 347 2436 **SSENSE** Ssense.com **SHOP LABEL** Shoplabel.com **SIMON AND MARY** Simonandmary.co.za **SIMPLY HOUSE** Simplyhouse.co.za **SMASHBOX** 011 516 3000 **SPITZ** 0860 109 321 **STEVE MADDEN** 011 784 0406 **STUTTAFORDS** 011 879 1000 **SUPERBALIST** Superbalist.com **SUPERGA** 011 608 0023 / 011 608 0029 **TED BAKER** 011 450 1156 **TOPSHOP** 011 685 7070 **WEYLANDTS** Weylandts.co.za **WOOLWORTHS** 086 002 2002 / Woolworths.co.za **ZANDO** Zando.co.za **ZARA** 011 302 1500

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Picture: Gallo Images/Getty Images.

PARTY PEOPLE

PLACES to go, THINGS to do, PEOPLE to see

Fashionable drinks

Nothing can beat fashion and drinks headlining an event – and that's exactly what we got at the launch party for SA Fashion Week 2015. Cruz Vintage Black Vodka hosted the glam event at 03 Desmond in Kramerville, Joburg – overlooking the big city lights – while modish celebs and guests enjoyed Cruz Vintage Black cocktails and champagne on tap.



Akhumzi Jezile and Aaron Moloisi



Samantha Boustred and Jessica de Mardt



Darrin Thomas and Roxy Burger



Vanessa Carreira and Rachel de Mardt

Nomzamo Mbatha, Dr Smile and Dineo Moeketsi



Delon Bakker and Zara Briner



Zandile Lujabe and Fix Moeti

Sihle Maake, Cinani Nhlapo and Dineo Ranaka

Weza Solange and Stevel Marc



Pearl Modiadie and K Naomi Noinyane



Imogen Drews and Martine Ilgner

WHAT Cruz Vodka SA Fashion Week opening party
WHO Pearl Modiadie, Dineo Moeketsi, Boity Thulo, Roxy Burger
WHERE 03 Desmond, Kramerville, Joburg

Pictures: Ouparazzi.

PARTY PEOPLE

PLACES to go, THINGS to do, PEOPLE to see

Film and TV awards

Local TV and film actors got their glam on for the ninth South African Film and Television Awards, which were presented at Gallagher Estate. The theme was "Coming of Age" to celebrate how local stories are being told by the industry. Loyiso Gola was the host, and Jen Su and Ayanda Paine gave sartorial commentary from the red carpet.

WHAT Ninth SAFTA ceremony
WHO Jen Su, Loyiso Gola, The Soil, Minnie Dlamini, Bonang Matheba
WHERE Gallagher Estate, Johannesburg



Leeanda Reddy, Terence Bridgett and Lala Tuku



Zenande Mfenyana, Richard Lukunku and Siya Mfenyana

Carlo and Kim McFarlane

Mduduzi Mabaso and Fatima Metsileng



Oros Barbie, Bonang Matheba and Nthato Mashishi



Wandile and Jessica Molebatsi



Brümilda van Rensburg and Tarina Patel



Chris Matshaba and Tsholofelo Monedi

Tumi Masemola and Mandla Ndimande



Masasa Mbangeni and Felix Erken

Mbali Mlotshwa and Black Coffee



Minnie Dlamini and Penny Lebyane

Ele Mathobo and Zikhona Sodlaka



Mpumie Njobe and Thomas Gumede

Pictures: Ouparazzi.



By Orli Lysen

ARIES *March 21 – April 20*
Should you stay or should you go? Stick with what you know or open up your world? These issues are likely to be on your mind this week, as even in a small way there may be a sense of restlessness and desires that need to be fulfilled. With the year's second eclipse about to influence your closest love or work relationships, be sure to take someone else's feelings into account before making any big decisions.

TAURUS *April 21 – May 21*
Negotiate your way carefully through this week and trust your intuition to help you say the right things to the right people. Siblings and neighbours may need special handling, as could plans linked to any kind of home issue. Where you live and how you feel about yourself are ripe for improvement now, so take the time to get things right this week.

GEMINI *May 22 – June 21*
Keep your eyes on the prize at work. It's this week's hot news for you and, although there may be some challenges ahead, facing them and seeing them through will make you stronger. You might even discover abilities that you didn't know you had. You're coming up to a phase where you need to recognise your talents and put them on show, so get that ball rolling.

CANCER *June 22 – July 23*
The planets are focusing on your career this week and you've a chance to get ahead if you plough through your work. It's not a time for erratic decisions or maverick actions, so show how reliable you are as a team player. This becomes even more necessary next week when your diplomacy and your calming influence on all around you may be more useful than ever.

LEO *July 24 – August 23*
The past few months have been a big learning curve for you. You've learnt everything that's going to be useful to you (for now) and it's almost time to share your knowledge with those around you. Think of it as your destiny to do so! You're keen to get on with things, but hold on just a little longer as only days from now you'll be truly ready to roar and be heard.

VIRGO *August 24 – September 23*
A love, work or social contact may have dropped into or out of your life recently, or a connection may have been transformed in a way that surprised you. Everyone who comes into your life, for however long, brings you a valuable lesson. This week, deal with how what's occurred makes you feel about yourself and your values, and move forward.

LIBRA *September 24 – October 23*
A major eclipse in your sign is fast approaching. You might be feeling it already but it won't reach a peak until next week when it may alter your view of yourself, how others see you and your personal take on health and work. For now it's a case of keeping calm and carrying on. Once you get past the point of no return, your ambitions and friendships will start to soar.

SCORPIO *October 24 – November 22*
It's always darkest before the dawn, so if a work situation proves to be more aggravating than usual this week, rest assured that things will soon look brighter, with an upswing in your career that will feel like both freedom and luck. Your love life looks divine now, and you get more creative too. Time to view your glass as half full, not half empty.

SAGITTARIUS *November 23 – December 22*
The chances of a surprise romance or a breakthrough in a project that's been troubling you are high this week. You'll also be feeling more positive now, but while the fun factor is high, don't let it take precedence over your well-being. It's a great week to consider getting together with people who can help you take a long-held dream to the next level.

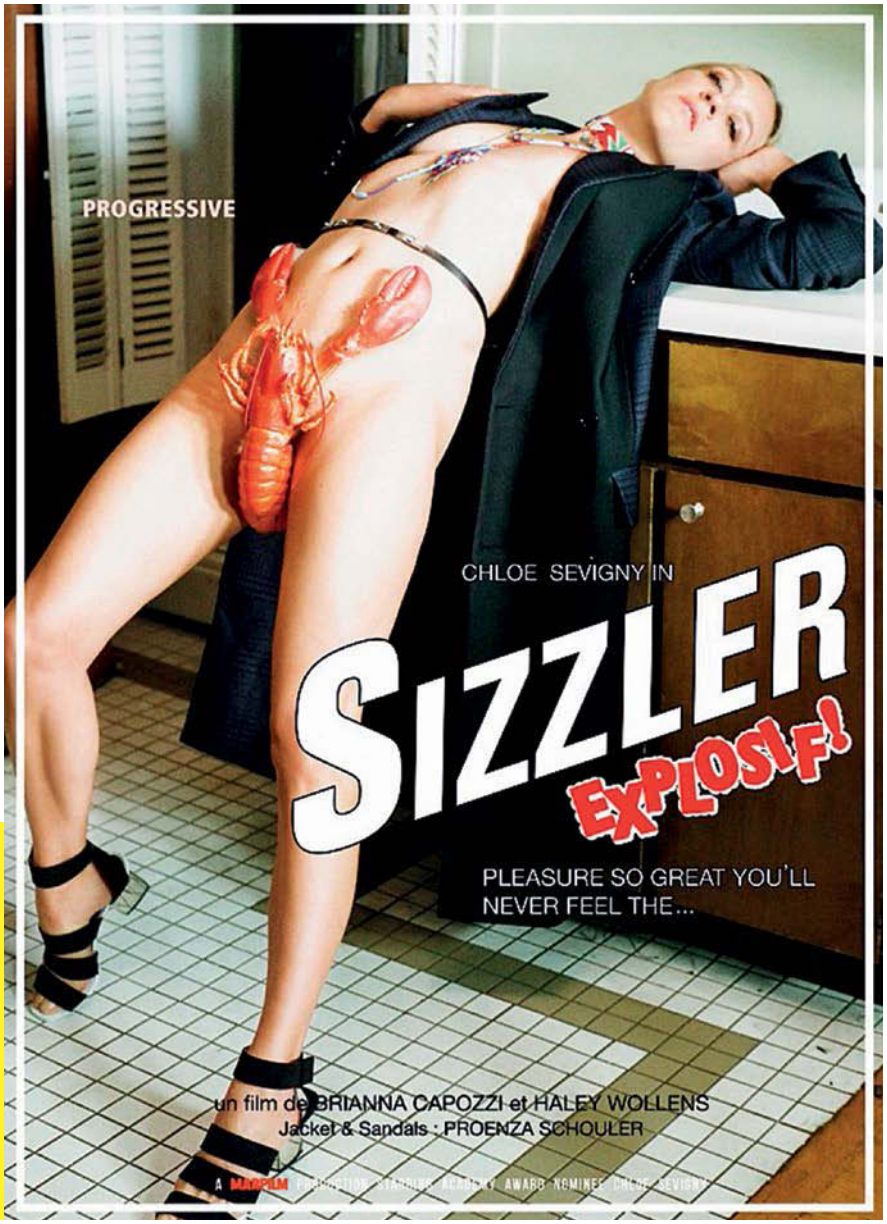
CAPRICORN *December 23 – January 20*
Add a touch of feng shui to a home decor task, with flashes of crimson to get you motivated. Apply this principle to yourself too and wear red if you've been feeling invisible, or opt for scarlet lingerie as your own empowering secret. Your status takes priority soon; get your homework – in every sense of the word – done now, so you're ready for a career revival.

AQUARIUS *January 21 – February 19*
You're so near to a health and mindset breakthrough. Play the waiting game this week because the positive influence from last week's eclipse is about to be added to by a second eclipse, which will help eliminate any outdated beliefs and ways of thinking. Your finances and values are on the road to recovery – a relationship breakthrough will surely follow.

PISCES *February 20 – March 20*
The recent eclipse has been empowering but it doesn't mean you can take on the world – yet! A little at a time is the way to go to avoid attempting too much too soon. Once you've got used to your new superpower, use it to deal with intimate relationship concerns and deep-seated financial issues. Maybe not this week, but sooner than you think.

Picture: Glen Montgomery.

And finally...





There's something fishy about Chloë Sevigny

In her cover shoot for the biannual art/fashion title *Marfa Journal*, Chloë is pictured maintaining her modesty with a large (faux) lobster. It's just one of the four fake movie posters that divide the magazine into sections, focused on her vagina. Sjoe!

HELLO, KIT KARDASHIAN (NO RELATION TO KIM)

By sporting an ample backside perfect for belfies, this pretty kitty from Surrey in the UK has been dubbed Kit Kardashian by the animal rescue workers who took her in after her owner passed away. But the look won't last. Kit, who weighs in at a hefty 8.4kg – twice the size of the average domestic cat – is now on a diet to shed her Kim K kurves.



SHHH JUST GOT REAL!

After introducing the genius concept of celebs going head to head in lip-sync battles, *Late Night With Jimmy Fallon*'s hilarious segment has now turned into a weekly TV series hosted by LL Cool J and Chrissy Teigen. The trailer alone features everyone from Anna Kendrick and J.Lo to The Rock, John Krasinski and John Legend.



There's a petition to stop Kanye from headlining Glasto

It looks like a few of the most avid Glastonbury fans aren't exactly thrilled about having Kanye West perform as this year's headlining act. A petition was started on Change.org in a bid to stop Yeezy from taking centre stage. At last count, it had over 80 000 signatures.



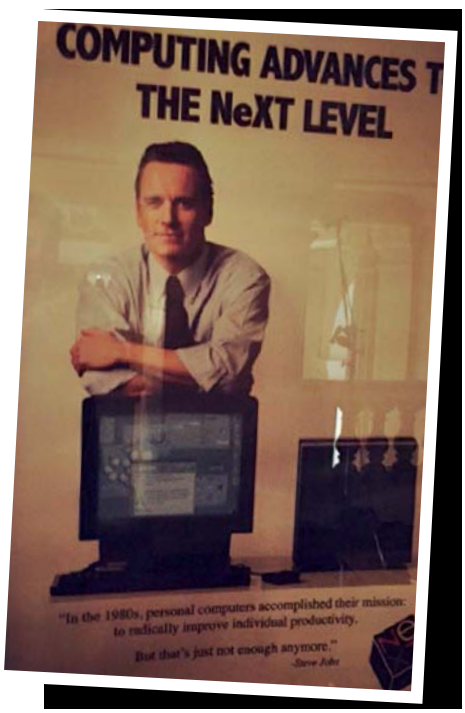


THIS ARTIST SPENT A YEAR POSING NAKED IN NEW YORK CITY

With a little help from an online fundraising campaign, Parisian artist Erica Simone will be releasing a book of nude portraits called *Nue York: Self-Portraits of a Bare Urban Citizen*. It features pics of herself taken over the course of a year in various locations in her new home of NYC to encourage others to "embrace their primary state of being". As you do.

IS MICHAEL FASSBENDER THE NEXT STEVE JOBS?

We're going to go with yes – that's what this unauthorised (and unconfirmed) snap of Michael posing as Steve Jobs in an ad for his former company, Next Computers, from Instagram user @seannung, would have us believe. We'll find out the truth when the second big-screen Jobs biopic, penned by Aaron Sorkin and directed by Danny Boyle, hits cinemas in October.





SIV AND JIMMY SENT A POWERFUL MESSAGE

As part of Cape Town's fight against drug abuse, comedian Siv Ngesi and pop star Jimmy Nevis appear in ads with slogans that play on the idea of having a problem with drugs – as users and nonusers.

Words: Guinevere Davies. Sources: Dailymail.co.uk; Mashable.com; Buzzfeed.com; Telegraph.co.uk; IOL.co.za. Pictures: Gallo Images/Getty Images.

GOODIE BAG

✻ *Win a Paco Rabanne XS Be A Legend bag worth R350, as well as other goodies worth R5 875. All proceeds will go to Door of Hope Children's Mission. Entry details below*



GOODIE BAG GRAND TOTAL
R6 225

WHAT'S IN THE BAG?



Complement your bag with these additions: 1. Black XS For Her EDT 50ml, R790. 2. Paco Rabanne XS clutch bag, R350. 3. Black XS Be A Legend For Her EDT 50ml, R790. 4. Black XS toiletry bag, R350. 5. Black XS L'Excès For Her EDT 50ml, R905. Products that are not pictured: Black XS For Him EDT 100ml, R855; Black XS Be A Legend Ltd Edition For Him EDT 100ml, R855; Black XS L'Excès For Him EDT 100ml, R980.

TO WIN THE BAG AND DONATE TO CHARITY **SMS "BLACK XS" FOLLOWED BY YOUR NAME AND EMAIL ADDRESS TO 44971.**

SMSes cost R1.50 per entry. The winner will be selected at random from all the entries received by the closing date. Lines close at midnight on Sunday April 5, 2015. Entrants must live in South Africa. For terms and conditions visit Graziadaily.co.za. About the charity: Door of Hope Children's Mission rescues and receives any abandoned, abused and orphaned children and provides a temporary home while seeking a forever family for each child. Learn more at Doorofhope.co.za. **Winner of the Mat & May giveaway in issue 139: Laura Davis**

Pictures: Supplied.

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